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Her mission:
bringing horses
and people
together.

> Below

The Bethel Citizen

Vol. CXVII - No. 7

Thursday • February 17, 2011

75¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine

Injured and disabled vets hit the snow



The Sixth Annual Winter Veterans No Boundaries Program was held earlier this month at Sunday River and beyond. 28 veterans and active-duty military personnel with physical disabilities, over half of whom were injured in combat in Iraq and Afghanistan, spent a beautiful long weekend of skiing, snowshoeing, snowmobiling, etc. Thanks to Sunday River, MHS volunteers and support from dozens of local businesses, the weekend was entirely free of charge for participants and their family members.

(Photo: Dave Kemila, courtesy of MHS)

Stakeholders here view LePage's environmental changes

By ALISON ALOISIO

Gov. Paul LePage's 60-point proposal to reform Maine's environmental regulations has prompted discussion and debate among business and environmental leaders across the state. The Bethel area is no exception.

The proposed reforms are intended to make Maine more

business-friendly. Some are broad — such as making Maine's current environmental regulations conform instead with often less-stringent federal regulations, and requiring new rules to be "predicated on valid science" — others are more specific, such as allowing construction closer to vernal pools and increasing

the size a proposed subdivision must be before it will be reviewed under the state's environmental site law.

The proposals would also significantly change the regulations of the Land Use Regulation Commission, which governs the state's unorganized territories.

For example, LePage's LURC

proposals include a requirement that not less than 30 percent of LURC's 10 million acres be zoned for development, and would remove from LURC statutes the prohibition on approving projects unless "adequate provision has been made for fitting the proposal harmoniously into the existing natural environment in

order to ensure there will be no undue adverse effect on existing uses, scenic character and natural and historic resources."

View from The Mountain Mark Hall, vice president of development at Sunday River Ski Resort, has played a role

See ENVIRONMENT, Page 4

Planners
will seek
expert's
advice on
the smells
of asphalt

Fire Sunday afternoon destroys West Paris home, closes Route 26

By MICHAEL DANIELS

Improperly disposed of woodstove ashes caused a fire Sunday afternoon that destroyed a West Paris home and forced the closing of Route 26 between Bryant Pond and West Paris for more than four hours.

Paris Fire Chief Brad Frost, who was in command at the scene, said the Maine State Fire Marshall examined the ruins Monday and concluded that the homeowner, Nickolas Kontos, had cleaned out the woodstove, placing the ashes in a plastic bucket, but

before disposing of the ashes, had left for the village to do errands.

The home was located close to the west (southbound) side of Route 26, approximately three-quarters of a mile north

See FIRE, Page 3



TOTAL LOSS The West Paris home of Nickolas Kontos, on Route 26, was destroyed by fire Sunday, but firefighters were able to save nearby structures, including two sheds (background) located close to the home. Firefighters were on the scene for more than four hours, during which Route 26 was closed to traffic.

(Photo: M. Daniels)

DiAnne Ward's first word began a lifetime affair

By ALISON ALOISIO

This time of year, a horse-drawn wagon can often be spotted pulling visitors through the streets of Bethel. The smiling woman at the reins is DiAnne Ward of Albany.

"I love the people I meet," she says.

For as long as she can remember, DiAnne has also loved horses. So for her, bringing people together behind her horse, "Sam I Am," is the best of both worlds.

For the past 25 years, the Bryant Pond native has operated Deep Wood Farm, located off the Picnic Hill Road in Albany. She currently has 20 horses in her barn, 12 of which are her own.

Horses have always been a centerpiece of her life. "My first word was 'horse,'" she said.

When she was a young child, her father worked in the

See HORSES, Page 5

W'stock foresees tax hike of just over 2 mil

By ALISON ALOISIO

A draft budget compiled by Woodstock selectmen Tuesday could translate to just under a 2.5 mil tax increase for residents.

If a guestimate \$300,000 increase in the town's share of the SAD 44 budget comes to pass, the overall 2011 Woodstock budget would be approximately \$2.54 million, up from

\$2.12 million a year ago.

School budget figures have not yet been discussed by the School Board, so Town Manager Vern Maxfield included an estimate, as he does every year.

Last year's school share was \$972,162.

The estimated county tax is \$120,000, up \$5,000.

See WOODSTOCK, Page 3

By MICHAEL DANIELS

An SRO crowd of nearly 50 abutters and "interested parties" turned out for last Wednesday evening's meeting of the Bethel Planning Board, as the board took up once again an application to relocate an asphalt plant on the North Road.

The board addressed the matter for more than two hours, the first of which was spent taking input from any of those in the audience who cared to comment.

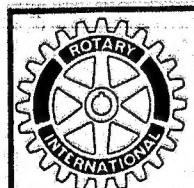
Many did, and nearly all were opposed to the plan.

The most-mentioned reason for their opposition was odors from the plant, with some speakers also noting the damage such smells could do to Bethel's "brand" as an attractive tourist destination.

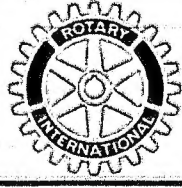
The board also accepted three petitions opposing the plan, all from Gina Douglass.

Two of the petitions complained of odors emitted by the plant in its original location, especially during the

See ASPHALT, Page 4



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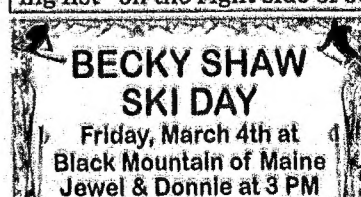
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The Bethel Citizen

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Letters

HAD COMPLAINED ABOUT PLANT

To the Editor:

I recently read in the Bethel Citizen that Bruce Manzer, the operator of the proposed hot asphalt plant, said "that his Bethel asphalt plant has been in operation since 2008, and there were no complaints until this year, when he applied to move it a short distance across the road."

This is untrue. I personally called the town manager to complain about the odor from the asphalt plant.

I begged him to come to our home and smell the air outside. He refused. I also asked him to invite the Planning Board members to come out and smell the air.

The plant stinks. The hot asphalt plant emits noxious fumes and odors as do the trucks that move the asphalt.

These fumes and odors are hazardous to our health and our environment.

Our beautiful town of Bethel is no place for this hot asphalt plant.

We again ask that the Planning Board deny the request for the hot asphalt plant on the North Road.

Sherry L. Hyman
Bethel

ANOTHER BAD EXPERIENCE

To the Editor:

Another bad experience relating to the proposed asphalt plant.

While recently speaking to the widow of Ron Snyder, a much liked and admired former resident of West Bethel. Ronnie was a true outdoors man. He worked in the woods all his life. He loved to take long hikes in the wonderful Maine woods, smelling the fresh scent of the pine trees. Gloria, his wife visits his grave often at the Riverside Cemetery located on the North Road in Bethel.

Last fall she was there and unfortunately, the Bruce A. Manzer asphalt plant was emitting a horrible odor which was filling the whole area at the same time a local family and friends were attending a graveside service for a former resident of Bethel.

If we let this plant be established in Bethel on the North Road there will be many bad experiences similar to this. You could be the next person to experience it. Please consider our health, environment, and wonderful town and townspeople and let our town Planning Board know how you feel.

Letters to the Planning Board are always welcome.

Judy Barker
Bethel

FLYING MOOSE CLASSIC THANKS

To the Editor:

We would like to thank the many volunteers who helped host Saturday's very successful Flying Moose Classic XC ski race sponsored by the Bethel Outing Club at the Gould Academy ski trails. We had a terrific turnout for the 10 km and 20 km races and tours, as well as the youth events which included 6 km, 2.25 km, 1 km, and lollipop events. The day went smoothly thanks to Gould Academy for donating the use of the field house for registration and the trails at Pine Hill for the races and tours. Many thanks to Gould Academy Nordic Coach Jeremy Nellis for setting a professional course.

We could not have done it without the assistance of many volunteers including: Shelby Aseltine, Brad Clarke, Jeb Clarke, Kyle Curry, Isabella Deluca, Vicky Fimiani, Buzz Gamble, Linda Gamble, Jonathan Goldberg, Norm Greenberg, Dylan Greenberg, Isaac Greenberg, Steve Keene, Eric List, Sophie List, Thelma Maguire, Mike Maguire, Sasha Maguire, Zoe Maguire, Julia Reuter, and Samantha Southam.

To find complete race results go to www.nensa.net, and to learn more about the Bethel Outing Club, go to www.bethelouting.org/.

Jim Reuter and Christine Trefethen

Flying Moose Race Coordinators

LETTERS TO THE EDITOR

The Citizen welcomes letters to the editor. We hope our readers will regard the newspaper as a public forum for discussing any topic they believe to be of interest to the community.

Insofar as possible, we attempt to publish letters without alteration, but we do reserve the right to edit for length, libel, taste and readability. Letters should be limited to 300 words, but that limit will be waived when the situation warrants.

In situations where the letter writer has a political, economic, familial or other relationship that could be perceived as bearing on the topic addressed in the letter, we strongly suggest the writer make that relationship known in the text of the letter or after their signature.

When writing, please include your full name, signature, address and telephone number (so that we may verify authorship).

The deadline for letters to the editor is 4:30 p.m. Monday. Letters submitted after that deadline will be considered for publication when circumstances permit.

Send your letters to: Editor, Bethel Citizen, PO Box 109, Bethel, ME 04217-0109. Fax: 824-2426. E-mail: news@bethelcitizen.com.

THERE WILL NOT BE PERCEPTIBLE OFFENSIVE ODORS'

To the Editor:

There is a great deal of misunderstanding regarding my application to relocate my asphalt facility from the south side to the north side of the North Road.

It seems that until just recently most people were not even aware that this business was in town at all. This demonstrates to me just how compliant the business has been. In 2009 a DEP mandated stack emissions test was performed and we were well below, in fact a full 66 percent below, permissible emissions.

The Planning Board approved my asphalt plant on land leased in a gravel pit owned by Richard and Grace Douglass in June 2008. The plant was fully operational throughout the 2008, 2009, and 2010 construction seasons. It is a business decision only to relocate to land that I would own, not a proposed expansion of the business.

Throughout operations during 2008, 2009, and 2010 people were able to bicycle on the North Road, swim in Angevine Park, air dry their laundry and enjoy the outdoors just as they always have and should be able to. I am not proposing to change any of that.

Many references have been made to a report on an asphalt plant located in Augusta. This is not Augusta. My plant operates different machines, employs cleaner technologies and the land is completely different.

There is consensus that at one point during the summer of 2010 "foul odors" hung over Bethel. I steadfastly maintain that these were the result of agricultural activities not related to my plant.

That said, I want to be a good neighbor. The proposed site in the old Labrecque gravel pit has better location and topography for the abatement and containment of any odors. There will not be perceptible offensive odors.

Bruce A. Manzer
Anson

HOLD ONTO YOUR WALLETS

To the Editor:

Taxpayers hold onto your wallets! Now that the local school board has voted to keep all schools open, sign a five-year lease for fancy office space for administration and refuses to cut the untouchables, (education for adults, and unnecessary administration such as middle school principal) our out-of-control taxes are about to become even more ridiculous.

It is understandable why any parent would want to keep their neighborhood school open, but the other items such as adult ed which is funded at the expense of the children need to be eliminated.

A five-year lease for fancy office space when there is space available within the SAD 44 facilities is also a waste of taxpayer money.

Here's another idea worth considering — when SAD 44 receives an unfunded mandate from the state, how about we don't fund it either.

Taxpayers need to speak up and let those that control the faucet of unlimited taxation know that enough is enough.

Rick Whitney
Bethel

FACTS ABOUT BICYCLE RIDING IN MAINE

To the Editor:

I read with interest the notification in the OCSB Patrol Log in last week's Citizen that a deputy sheriff had "dealt with a bicyclist on Mason Street in Bethel causing traffic problems with school buses." I was not there to witness the event, nor does this report explain the circumstances, but I thought that this might be a useful opportunity to point out a few facts about bicycle riding in Maine.

In Maine, cyclists have the legal right to ride their bicycles on the road at any time of year, in all kinds of weather, towing or not towing bike trailers transporting kids or groceries, as long as they obey the rules of the road that govern vehicular traffic. Maine law (Title 29-A, Section 2063), states that cyclists should ride as far to the right as is practicable. However, if on a narrow road, or a road where there is debris, ice or potholes on the right, the cyclist may ride anywhere in the travel lane for his/her own safety. Motorists who pass the cyclist must give the cyclist at least three feet of passing clearance. Everywhere on the road, bikes are to be treated just like any other slow-moving vehicle, and the responsibility is always on the overtaking driver to wait behind until it is safe to pass.

Cyclists have responsibilities, too. They need to ride predictably, always with traffic, to be visible and to use hand signals in addition to obeying traffic signs and rules.

On narrow roads or when ice and slush are impeding the cyclist's ability to safely ride on the far right, a cyclist may be in the middle of the travel lane. This can be frustrating for motorists. But slowing down to allow the cyclist to get to a portion of the road where it is safe to pass is not a bad thing, particularly in an in-town neighborhood close to a school zone. It just takes a little patience.

More and more frequently people are taking to the roads on bicycles. They ride because bicycles are a practical and inexpensive means of transportation, because cycling is good for health, and often because riding a bike is just plain fun. I suspect that this cyclist had to be "dealt with" because we are not used to sharing the road with bicycles in winter weather, and perhaps a perceived safety concern and/or impatience triggered the call to the deputy. Nevertheless, it is important to note that as long as the cyclist was obeying the rules of the road, he/she had a right to be there.

It is my hope that with a little more knowledge of both cyclists' and motorists' rights, a dose of patience, good judgment and some mutual willingness to get along, we can all safely and amicably share the road.

Nancy Stowell White
Board Member, Bicycle Coalition of Maine (BikeMaine.org)

'Celladore'

From the 1954-1964 Journals of Beckie Bailey, Installment Five

The First Year, Settling In

Tomorrow we would begin, we said, on our first evening. Next morning we began. Before we had finished Miss Fan's thermos of coffee and doughnuts, Nephew Timothy appeared on a horse bearing a message. His father, my brother T.R., was not too busy this day. He would help us move if we would come down to Brick End and sort out our belongings. Before I had had time to utter one word, B.B. said, "That would be wonderful; we'll come right down. Just wait a minute and let me adjust your bridle. The bit seems to be too tight." This done, Tim did not tarry but galloped off like Paul Revere to spread the word.

"And what ever made you give such an answer?" I stormed at B.B., "You know this house is crammed with things right now. I haven't the faintest idea of what to discard or where I want to put our own things."

"You accept help when it is offered," said B.B., "especially for the disagreeable drudgery of moving."

He was aggravatingly right, of course. The Sears family had a town house in the city, a summer place at the shore. They had had no time to clear out this house and the contents were left as part of the business arrangement. I thought this wonderful, was delighted to have the things, had noticed garden tools, a wicker clothes basket, and remembered from previous moves how many little things are needed for running a household and also how expensive it is when they all have to be bought at once. I had given the contents of the house only a cursory glance, but there was a lot of furniture. I had expected to sort this over before adding the hodgepodge from Brick End. However, this was not to be. To Middle Intervale we went.

T.R. had marshaled quite a crew, all with pickup trucks. Already the Methodist sofa and the Capen Hill bed were being loaded. "That's a bit fragile," I suggested as the Bingham bureau came out. This was an acquisition from our long log-trucking winter. We had moved three times and ended, to Miss Fan's great delight, in a house belonging to Happy Flossie Hoar. On a return trip from taking yellow birch logs to be used for veneer in the mill in Bingham on the Kennebec, a "For Sale" sign had attracted my attention. My thoughts came back to the present from the days of the hardships of the Arnold expedition to Canada. We stopped, a mahogany empire chest of drawers had seemed a great bargain, but as we loaded it into the truck it fell apart. It did not suffer the fate of Humpty Dumpty. B.B. had carefully reglued it and no doubt it would last another hundred years, but I still thought of eggshells when I saw it being moved.

Edward A. was waiting in the house. "Your stuff in the attic is all labeled," he said. "You won't need to go up there. I'm not sure of all your dishes. If you'll just take them from the cupboards, I'll pack them."

I no sooner set anything down than it was whisked out of sight. I had often heard the theory that a drowning man, in the few minutes before he goes under for the last time, relives his entire life again. I can almost believe this now. I took out a square glass cookie plate and could feel the icy cold of the wind over the Laramie plains; a silver covered butter dish and I was walking through lemon groves on the Pacific coast. "Can I use this braided rug to wrap around the headboard of the pineapple posted bed?" asked someone. I had made this when living in our first apartment at Deering Oaks. "This big Herring hunting print is yours, isn't it?" Yes, we had bought it together just before B.B. left for the Army as a talisman that he would get safely home again. A milk glass hen, why hadn't I sold this with the rest of my collection after we came back from the West and I realized how cluttered New England houses were? There was no time to swaddle; no sooner was a dish out of the cupboard than more followed. How did it happen that I had so many things left? I saw boxes going by me.

The dishes were finished, on to the books which were scattered all over the house. "This bookcase," I pointed out, "is completely filled with our books." I hoped to snatch a moment to go out and sit on the steps in the sunshine. "The kids can pack these then by themselves; I'll go with you over the rest of the house with baskets." The books were finished. "Didn't you leave some things in the furnace cellar when you went to the Navy?" To be sure I had. Just now I remembered only a gallon copper-bottomed teakettle and a big crock for wine-making, both treasures. We went down and checked the cellar, found other things. "We didn't check these shelves in the closet in the den; are those your books?" They were and for a moment I was back on the Cape in the Marquand House hidden among linden trees and high-bush blueberries with some vista to the sea. "Aren't some of these lamps on the pantry shelf yours? You'll need them now."

Our Back Pages

Compiled by Danna Brown Nickerson

10 years ago: Area third, fourth, and fifth graders competed in a Snow Box Derby race held at the Bethel Inn.

Both the boys' and girls' Telstar ski teams brought home Mountain Valley Conference Championship plaques from the meet held at Black Mountain.

The Oxford County Republicans held their Lincoln Day Dinner at the Bethel Inn Conference Center with Senator Susan Collins as guest speaker.

Birth: Sarahanne Jeannette Wright.

Deaths: Elizabeth Knight, Gordon T. DeHaas

20 years ago: The Telstar High School girls cross-country ski team captured the 1991 MVC Nordic ski title.

The recently renovated apartment house on the corner of Main and Mechanic streets was destroyed by fire leaving 10 people homeless.

Gould Academy hosted the New England Prep School championship in ski jumping at the Swan's Corner jump.

Births: Marlena Rose Johnson, Garrett Hugh McPherson.

Deaths: Gladys G. Wilson, Annie L. Olson.

30 years ago: About eight inches of snow fell on the Bethel area followed by a day of rain and temperatures in the 40s which caused plugged culverts and overflowing catch basins.

Mrs. Rosalind Chapman presented a program on "Church Street Through the Years" at the February meeting of the Bethel Historical Society.

Melody Bonnama of Bonnama Pottery attended a National Council for Apprenticeship in Arts and Crafts Workshop in New Haven, Conn.

Births: John Wesley Beverage, Erin Elizabeth Osgood.

Death: Bruce A. Hart.

40 years ago: Rehearsals were underway for a variety show entitled "Our World" to benefit the Dollars for Scholars Scholarship Fund.

Margie Swan was crowned queen of Telstar's Winter Carnival.

The Oxford County Municipal Officers met at the Locke Mills legion hall; John Salisbury, editor of The Maine Townsman, was guest speaker.

Births: Jill Louise Murphy, Rebecca Gwen Hutchins, Julie Lynn Hutchins, Jeffrey Dell McMillin.

Deaths: Mrs. Helen Newmarker, Merton R. Bean, Laurice W. Lord.

50 years ago: Three pine logs from one tree, scaling 2,100 feet, were hauled from Sawyer Brook to the E. G. Blake sawmill.

Birth: Donna Kaye Ring.

Deaths: Leslie E. Davis.

60 years ago: The car of Elmer Keith of Lewiston broke through the ice on Lake Thompson, Oxford, and sank in 25 feet of water. Keith with his son and daughter escaped from the car and swam, finally getting onto the surface of the ice.

Death: Perce E. Ford.

70 years ago: Many children were ill with the mumps.

Deaths: Mrs. Addie Lapham, Mrs. Margaret W. Jones.

80 years ago: Fire damage to the Strathglass building and contents at Rumford was estimated at \$150,000.

Deaths: Lafayette Foster, Edwin C. Douglass, Charles H. Porter, Solomon D. Wilson.

90 years ago: Judge Addison E. Herrick of Bethel was honored at a banquet of the Oxford Bar Association at Norway. He had retired Dec. 31, after serving 20 years as Judge of Probate.

Frank S. Chandler observed his 91st birthday.

Deaths: Mrs. Henrietta Saunders, Mrs. Lilla Coffin, Mrs. Abbie Cummings.

100 years ago: The steam sawmill at Rumford Point was running nearly full time.

Deaths: Mrs. Lizzie Stearns, Mrs. Clara Grover, Mrs. Lucinda Cole, Mrs. Mary Frost.

110 years ago: Heavy snowstorms handicapped logging activities. The Norway-Pais electric car line was snowed under.

Deaths: Augustus D. Kimball, Mrs. George Flint.

The Bethel Citizen

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FEB

17

2011

Fire

Continued from page 1

of Trap Corner. The ensuing fire was reported by a passing motorist, but by the time firefighters arrived on the scene the house was fully involved, Frost said.

The one-story house was a total loss, but two dozen firefighters from several area towns stayed on the scene, concentrating their efforts on knocking down the blaze and protecting two nearby sheds, he said, one of which was only 20 feet from the burning home.

No traffic, no business The fire in West Paris had a chilling effect on business up the road in Bryant Pond village.

Maine State Police closed Route 26 from Trap Corner to the intersection by the Bryant Pond Post Office. Its traffic, including home-bound skiers, was diverted to Old County Road.

That brought Sunday afternoon's normally brisk business at Breau's Too to nearly a dead stop.

The two previous Sundays had been extremely busy," said owner Bob Breau — "but that took away a lot of business."

And in the days following the fire, Breau said, several

customers complained that the closure was an overreaction, and the busy Sunday traffic, both north- and south-bound, should not have been diverted along a small country road ill-equipped to handle it, and which itself became dangerous to drive during the closure.

The consensus in the restaurant's sit-down "gossip corner" was that one lane of Route 26 should have been kept open, Breau said.

But Maine State Trooper Kyle Tilsley said Wednesday there was no alternative to closing the road entirely — especially given the home's location, only a few feet from the road and separated from it by a guardrail.

"The fire department had to put their trucks someplace, and when you've got two or three fire trucks wide, their portable water tanks right in the middle of the road, firefighters running around, hoses crossing the road, apparatus rolling through — the priority has to be dealing with the fire."

"With the guardrail right there, they had no choice but to take up the road," Tilsley said. "It's not like there was a driveway they could pull into."

Woodstock

Continued from page 1

On the municipal side, the anticipated appropriation is \$1.12 million, up from last year's \$1 million.

Most of that increase would come from three items: \$90,000 to purchase a new plow truck; \$15,000 to put aside for future repairs to the Lake Christopher dam; and \$15,000 to institute joint daytime firefighter coverage with Greenwood.

The funds for the truck are already available in the Major Highway Equipment Reserve Account, Maxfield said.

The board expects to finalize the budget at its next meeting, March 1, and residents will consider it at the annual Town Meeting March 28.

If the estimated figures

hold, the mill rate would increase to 15.06, from the current 12.6.

Voters will also decide at Town Meeting whether or not to sell the old Fire Station and an adjacent lot on Railroad Street. The building was converted to a recreational center, but sees little use, according to town officials.

In municipal elections, two people have turned in nomination papers so far, Maxfield said.

Former selectman Steve Bies is running for the seat to be vacated by Bruce Korhonen, who will not run again.

Incumbent School Director Marcel Polak has also turned in papers to seek re-election.

Briefly

Rail study meeting rescheduled

BETHEL—The Lewiston/Auburn/Montreal Passenger Rail Feasibility Study public meetings scheduled for this Feb. 16 in Bethel and Auburn have been rescheduled to March 16.

Linda Greenlaw here Friday

BETHEL—A Down Home Maine event Feb. 18 will feature Linda Greenlaw, the sea captain of "Perfect Storm" fame. Greenlaw will speak in Bethel at McLaughlin Auditorium at Gould Academy from 4:30 to 5:30 p.m., sponsored by the Western Maine Senior College. The event is open to the public and free of charge. Following the presentation, Greenlaw will be at the Mill Hill Inn to sign copies of her books, including "Recipes from a Very Small Island," noted by Time Magazine as a "must-have cookbook." For those interested, the book signing will be followed by a dinner in which Linda Greenlaw will cook, with help of friends. Those wishing to join the dinner should call the Mill Hill Inn at 824 3241 to make a reservation.

Joy of Skiing benefits ALA

NEWRY—On Feb. 26 the Sunday River Outdoor Center will host the 24th Annual American Lung Association Joy of Skiing, which is designed for skiers and snowshoers of all ages and skill levels who enjoy skiing on groomed trails and eating delicious foods along the way. Designated dining locations along the trail system offer participants a progressive picnic whether on skis or snowshoes. Past favorites include donuts, freshly made and served trailside by the Smith family, as well as hot Brew Pub soup at the covered bridge are back! Plus, there will be a S'mores fire pit to hit that true sweet spot. A pre-registration fee of \$6 or a \$7 day-of-event fee (kids ages 6-12 and seniors 65 and older are \$4; kids 5 and under and those 80 and older are free), in addition to the normal trail fee and rental fees, covers all food and drinks included as part of the Progressive Picnic. Proceeds benefit the American Lung Association of Maine.

Becky Shaw Day changes venue

RUMFORD—The eighth annual Becky Shaw Ski Day will take place Friday, March 4, at Black Mountain of Maine. The ski area will contribute the proceeds from both regular lift tickets (\$10) and 'Becky tickets' (\$25) to the memorial Rebecca Shaw Paraoptometric Education Fund. Singers Jewel Clark and Donnie Katlin will perform in the lodge at 3 p.m. This will be the first year the event takes place at Black Mountain. Shaw died in a car accident in 2003.

Bethel man arrested for sexual assault

BETHEL—A Bethel man was arrested and charged last week with sexually assaulting a woman. Spencer T. Glover, 29, of 17 Church Street, faces one charge of Class B gross sexual assault. The assault is alleged to have happened Jan. 27 in Bethel. Glover was arrested last Tuesday night by Deputy Matthew Noyes of the Oxford County Sheriff's Office. Noyes said after an investigation, two deputies approached Glover at Sunday River Ski Resort, where he works as a cook. Noyes said Glover drove his car to the Bethel substation of the Oxford County Sheriff's Office and was arrested there. Glover did not enter a plea last Wednesday. A Class B felony is punishable by up to 10 years in prison and a \$20,000 fine. Glover's arraignment is set for May 3.

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5:30 Teen/Adult II/III*
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2:30 HIP-HOP Sasha
3:30 TAP Sasha
4:30 Kids II 10-13*
5:30 YogaDanceMeditation
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Environment

Continued from page 1

in the reform discussion at the state level.

In December, Hall wrote then governor-elect LePage asking for more streamlined approval from DEP for small projects, such as chair-lift buildings. Large ski resorts are currently required by Maine's Site Location of Development law to file a DEP application for all projects, a process Hall said can take months.

"We do projects that should be subject to site review, but we do dozens of little projects that shouldn't," he said. "The DEP is spending an inordinate amount of time reviewing overly complex applications for relatively minor projects."

(In response to Hall's concern, a DEP official countered at that time that ski resorts are always growing, and the reviews ensure that wildlife, streams and sensitive areas are protected.)

Last Wednesday Hall participated in a press conference held by the Maine State Chamber of Commerce, again noting the small-project issue. Later in the week, he discussed several other reforms he said Sunday River supports.

Hall said the resort favors in principle the proposal to increase the minimum size of a subdivision that would trigger DEP review under the state's environmental site law.

The current law requires DEP review if there are at least 15 lots on a total land area of more than 30 acres. The governor's specific proposal calls for doubling those two figures. (Hall noted that in Sunday River's case, as with individual buildings, the size of a particular subdivision at a large ski resort doesn't matter because DEP would review it anyway.)

He also said Sunday River favors eliminating the current requirement for a third-party inspector to monitor large projects, in order to ensure erosion control measures are in place during construction. The responsibility instead should rest, he said, with the

professional who designs the project.

The governor's list also proposes that if there is adequate review in place at the municipal level [such as by a planning board], additional review by DEP would be eliminated. Hall said the resort supports "reducing" DEP review in such a case.

Another proposal would reduce the filing fees for DEP applications. "These fees should cover the legitimate costs of reviewing applications, but the intent shouldn't be to generate net revenue for the state," said Hall.

Another change the resort favors, although it is not addressed specifically in the reform proposals, is to align DEP's required setback from streams and other waterways with the 75-foot setback required by the Natural Resources Protection Act. He said that as far as he knows, DEP does not have a setback that has been defined through a formal rulemaking process, but the agency uses a distance of 100 feet. "That's a difference of 25 feet on either side of a stream. On our property that is a significant amount of land," he said.

As for the overall intent of the reforms, "We're talking for the most part about changes to process," he said. "We're very committed to maintaining the environment on the resort." Streamlining the administrative process, said Hall, "will let the applicant and DEP operate more efficiently. It allows more time to focus on major projects."

Small business perspective
Also weighing in on the proposed reforms is Bethel businessman Dennis Doyon, a member of the Bethel Business Association.

He favors reform. One current regulation that he sees as problematic is the protection of vernal pools. According to DEP's website, such pools "are shallow depressions that usually contain water for only part of the year. Although vernal pools may only contain water for a relatively short period of time, they serve as essential

breeding habitat for certain species of wildlife, including salamanders and frogs."

Doyon said the definition is not clear. "A skidder rut can be a vernal pool," he said.

He also said the consideration of "scenic impact" in reviewing projects results in judgments that are too subjective.

Regarding the overall intent of reform, Doyon said the main message is that regulations need to be streamlined.

"If we can streamline them, the state may become more welcoming to business. Let's not play by three sets of rules [local, federal and state]," he said. Doyon cited a Forbes Magazine's study that rated Maine 50th among the states in business climate, a rating the LePage administration has used to support the reform initiative.

But despite the proposed changes, Doyon said, "nobody's talking about doing away with good sound environmental protection. No one's saying let's rape and pillage."

Protecting beats restoring
For years, Steve Wight of Newry has worked to promote conservation in this area, through work with such organizations as the Friends of the Androscoggin, the Mahosuc Land Trust and now the Newry Conservation Commission.

He also served 23 years as a LURC commissioner, many of them as chairman. He was also the developer of the Red House Farm Village in Newry.

He describes his concerns about the reforms:

"My initial take on the list is that it appears to be an attempt to take Maine back to the '60s when there were no rules."

"I think that before this group of laws is considered for enactment, the state should have a conversation about our vision of the future."

"Since John Gray and I founded the Newry Planning Board in the early '70s, I have sought to create rules locally and statewide that would assure that Maine would not be-

come like so many states to our south, where the environmental work involves restoring what was lost rather than protecting what is here.

"As Maine sits at the dawn of a new world of industries and careers, I pray that we not go back to the old ways that allowed the industries of the past to pollute our rivers, lakes and air in the name of 'progress.' Progress in the future will look very different and will depend on Maine maintaining its place as the state with the largest contiguous forest east of the Mississippi.

"New economies are beginning to appear even now, and to destroy the environment that we have sought to protect in the name of short term gain would be very foolish indeed."

"I may perhaps be seen as biased, having served on the LURC Commission for 23 years, but I believe that the only way to keep what we have is through regulation."

"Sure, we should take a hard look at our laws and make changes where they are outdated or open to misinterpretation, but throwing out the good with the bad is not the answer."

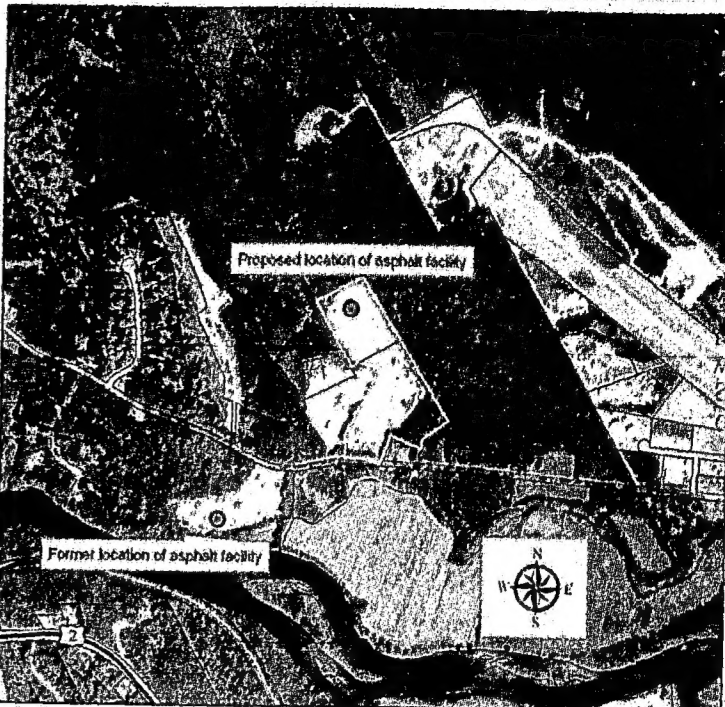
"The natural world is extremely interconnected. If we do away with vernal pools to allow development to take their place, we will eventually find that we have destroyed a vital link in the natural order."

"Many other states have less stringent laws regarding environmental issues than we do here in Maine, but one need only drive a couple of hundred miles south to see the effects of those laws. Sixty-one percent of the voters in the November referendum election voted in favor of the Maine Future Bond. I think that those voters were agreeing with Robin Zinchuk [of the Bethel Area Chamber of Commerce] when she says, 'We don't want to be 'Anywhere, USA.'"

(Note: the writer is married to Sunday River engineer Joe Aloisio, who works on projects with DEP.)

Asphalt

Continued from page 1



past construction season. The two petitions had a total of 66 signatures, all from Bethel residents.

The third petition, with 224 signatures, argued that "this asphalt plant, and the stench it produces, should not be permitted in the location being proposed on North Road in that it will obviously and adversely impact the lives of its residential and commercial neighbors, and the many bikers, hikers, joggers, kayakers, canoeists and swimmers that frequent the area will be affected."

The plant's owner, the petition concluded, "should be advised to set up somewhere else where the lifestyles and health of so many people will not be affected."

Not everyone, however, was opposed.

Cristy Feeney, a Paradise Road resident, questioned how bad the odors really are, saying that her husband, Pat, has worked at the asphalt plant "for a few years now, and every time we meet our friends and neighbors they say 'Pat, what are you doing now?' And he says, 'I'm working at the asphalt plant.' And everyone says 'Really? Where's that?'"

They didn't even know there was such a plant in Bethel, she said.

She also argued that if such plant is to be located in town, the North Road is the best place for it, because "it is the industrial area of Bethel. Trucks have been in and out of there even before the plant was there."

Following the public comment, the Planning Board went on to discuss the project for another hour, but the evening's only vote of significance was to find the application complete.

They also concurred that at some point in the process it would be useful to seek advice from an engineer trained in odor analysis and evaluation, and they agreed that for the board's next meeting each would prepare a list of possible questions to address to such an expert.

Chairman Al Cressy, in remarks addressed to the board itself, implicitly cautioned the audience not to expect a quick decision on the matter. "Our job is to review the application against the pertinent performance standards and regulations," he said. "We will go through each one deliberately, and it may be excruciating at times. We'll not be voting on this application tonight — that's clear to me; nor, quite likely, will we be voting on it in the next several meetings."



The Way I See It

by Sharon Bouchard

My favorite part of the day is early morning sitting at my kitchen table with a cup of fresh brewed coffee and the morning paper.

I love the quiet of the morning and I immerse myself in reading the national and local news. I'm a bit of a reading junkie and as well as the news I read the editorials, letters to the editor and even the obituaries.

My guilty pleasure part of the newspaper is the comic section. I have been reading the comics since I was a little girl and it feels like I'm having coffee with old friends when I read Mark Trail, Blondie, Nancy and Peanuts.

I don't find the comics as ha, ha funny, but they are sometimes quite amusing and often ironic and on occasion nostalgic. That was the case with Nancy recently when Aunt Fritz asked Nancy why she and Sluggo were late coming home from school.

The forever kids responded that they had stayed late to help the teacher.

"Oh, you cleaned the erasers?" Aunt Fritz asked.

That question brought a puzzled look from Nancy and Sluggo. So, Aunt Fritz said, "You cleaned the white board and sorted the dry erase pens, huh?" and the two youngsters nodded yes.

The mention of cleaning erasers took me right back to elementary school and choking on chalk dust from banging the erasers together. I could almost smell the chalk as I thought about it.

For those of you who don't know what I'm talking about, let me explain. Back in the day when chalkboards, then called blackboards because they were in fact black, were heavily written on with chalk and the erasers became coated in chalk dust from all the erasing and had to be cleaned at the end of the day. The cleaning method was to take them outside and bang them together.

I know things have changed one heck of a lot.

As kids we begged for eraser duty and felt privileged when chosen by the teacher. Then the lucky kid or kids got to go outside no matter what the weather and bang the erasers, choke on the chalk dust and get absolutely covered in it. Oh, those were happy days.

It wasn't until I became a teenager and wanted no part of chalk dust in my teased hair or on my angora sweaters that I realized what a con the teachers had going.

Not only could they get the kids to do their dirty work, the kids fought for the opportunity and thought they were hot stuff when they got picked for the job.

Yet, it seems kind of sad to think that eraser duty may be a thing of the past. I haven't been in a classroom in many years so I

don't really know what goes on, but when I questioned my grandkids about eraser duty it got me looks like I have two heads.

I asked my son if he remembers eraser duty and his eyes lit right up. "I used to love doing that. We'd bang them against the school and leave chalk marks in different patterns all over the brick. Sometimes, we banged them against each other."

It does make me wonder how many other things the kids are missing out on in the way of duties that made you feel like king or queen of the roost. Do the teachers still pick a student to take the attendance slips to the office? Going to the office on important business rather than being called there for punishment was a big status deal. I experienced both.

How about hall monitors? I was a seriously good hall monitor until I got caught skipping class and lost that little perk.

I know things have changed one heck of a lot. Some things are for the better I'm sure, but some things I have to question. No doubt it's a good thing that a kid can't be made to stand in front of the class with gum stuck on their nose because they got caught chewing it in their Freshman English class. That was not a good experience. But, the way I see it to not be able to bang some erasers together in a cloud of chalk dust is missing out on what was one of the good experiences of being in school.

ACROSS

1 Plot

6 Philanthropist

11 Send out a page

14 Highlander's headgear

17 Vision-related

19 Likes a lot

21 Barcelona bravo

22 "Rock"

23 A few words

24 Start of a remark by Laurence J. Peter

27 Ith

28 Loaf part

30 Dram

31 Emcee

32 Swiss sharpshooter

33 Like feta

37 Feta

39 Oscar or Tony

42 Fragrant plant

44 Miel's milieu

45 Isolated

46 Spud state

47 97 Across

50 Part 2 of singer

56 Seal school

58 Actress Massen

59 TV's "The Limits"

60 Animosity

61 Nimble

62 Printer's proof

64 Be buoyant

67 Hindu duty

69 Word form for "milk"

71 Invalidated

75 City on the Allegheny

76 Storm

78 Bounded

79 Smiley's "A Thousand"

81 Medical suffix

82 Spirit

84 Gogol's "Bulba"

86 Jack of "Barney Miller"

88 Ocasek of The Cars

90 Part 3 of remark

95 Principles

97 "Here You Come"

98 Hellman's "The Children's"

99 Duel tool

100 Desk accessory

102 On edge

103 Stick-in-the-mud?

106 Free tickets

107 Pavarotti piece

109 Third-rate

110 Halloween decoration

111 Yogi or Smokey

112 Political abbr.

115 End of remark

122 Dolphin Dan

124 Kind

125 Flagon filler

126 Proof-reader's list

127 Leisurely, to

128 Singer Brenda

129 Literary pseudonym

130 Soli's stick

131 Wharton or Sitwell

DOWN

1 Duplicate

2 Want badly

3 Overdo a tan

4 — carte

5 Tied tightly

6 "The Witches" author

7 Horatian creation

8 Neither's partner

9 Vein contents

10 Word with carpet or cabbage

11 Racing legend

12 Boxing legend

13 Makes one's mark

14 Resort lake

15 Pile up

16 Lusterless

18 Virginia —

20 Alaskan city

25 Italian greyhound, e.g.

26 Bread ingredient

29 Wee one

32 "bien!"

33 Chest material

34 Get wind of

35 Tennis legend

36 A roaring success?

37 Rubbed the wrong way?

38 Juno, in Greece

39 Plus

40 Troubles

41 Penguins' place

43 Ready to eat

44 Detect

48 Tyranny

49 With 101

Down, '79 Sally Field film

51 Subject matter

52 "Ben" (59 film)

53 School founded by Henry VI

54 Siamese

55 Fill to the gills

57 Actress Cannon

61 Mail event

63 Homeric characters

64 So, state

65 Mouth piece?

66 Habitually, to Herrick

68 Neigh-sayer?

69 Den

70 Upstairs basement?

72 — Bator

73 Singer

74 Singer

77 More enthusiastic

80 Scoundrel

83 — majesty

84 Ridicules

85 Superior

87 Burden of proof

88 Brute

90 "the mornin'"

91 Guys' counter-parts

92 Corporate clashers

93 Bank statistic

94 Big bird

96 Indra

98 Gandhi's father

100 Enjoy the beach

101 See

49 Down

102 Dialect

103 "To fetch —"

104 Clavell's "House"

105 Ailstar or Sam

106 Part of PST

108 Sila's husband

110 Dylan's colleague

111 Fiber source

112 Leslie

113 Role

114 Cry of contempt

116 Check

117 Jeff Lynne's grp.

118 Sphere

119 Singing syllable

120 It may be tipped

121 WWII area

123 "Great!"

Blue Genes

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FEB

17

2011

Horses

Continued from page 1

Woods with logger Harry Howe, who used horses. "I huddled along after him," DiAnne said.

"She started riding horses at 11, and hasn't stopped — she's ridden every day since then.

"As a teen, she rode bareback on Harry's ponies. "Harry always kept me in ponies," she said, but steered her away from the larger horses. "That way if I fell off, I'd be safe," Still, said DiAnne, "I liked the ones with attitude."

She got her first horse when she was 18. "Harry gave me a black and white pony," she said.

"DiAnne didn't start formal riding lessons until she was 20. "Then, she said, "My college education was riding lessons."

In exchange for barn work, she learned dressage from instructor Peggy Cummings of Oxford.

She later moved on to other notable instructors, including Judy Westlake and Karl Mikolka, and began competing in dressage. In 1983, she moved to the farm in Albany and has continued competing to this day. Among her accomplishments are a fourth-level dressage championship in Maine, as well as a bronze medal in a U.S. Dressage Association competition.

"But it's passing her knowledge on to others that really excites her. Her passion, she said, "is teaching and sharing what I know," she said.

In 1993 DiAnne began teaching formal riding lessons in this area and in New Hampshire. Two years later, she started offering youth riding camps at the farm. For the youngest riders, there are three-day camps, for older ages, five days. She also teaches advanced camps.

"I make sure each kid has his or her own horse. It's about building the same memories I had when I was a kid," she said.

Campers may take two-hour trail rides through woods and fields. "You can go 100 miles and never see the same trails," she said.

The older riders ride and camp out in the White Moun-

tain National Forest, where each is responsible for taking care of his or her horse.

In 1997, Ward expanded her lessons to Gould Academy students, under coordination with Lucia Owen, head of the horsemanship program at the school. The students ride for seven weeks, five days a week, and also compete in horse shows. "They do well against people who own horses and ride all year round," said Ward.

She branched out again several years ago when two people camping at nearby Paopoe Pond stopped by to ask if she offered one-time trail rides. She obliged on the spot, and found it to be another enjoyable way to share her love of horses.

"Now we do up to eight horses at a time," she said. August is the most popular month for the activity.

But winter is the time of year when she is most visible to the general public. Depending on the snow conditions, she and Sam I Am offer rides in either the wagon or a sleigh.

She began the rides in 1995 with a horse she was training for Bob Brown of Hanover.

For the past 10 years DiAnne and Sam I Am, a Newfoundland pony/Belgian, have been a team. "The best partner I ever had," said DiAnne.

Sam has a particular talent that delights his riders.

As they travel along, DiAnne tells them to sing "Jingle Bells," and when they reach the chorus, the horse automatically breaks into a trot.

One young lady visiting from Britain exclaimed, "He's magic," DiAnne remembers.

And as far as DiAnne is concerned, life with her horses and other people who love them is magic, too.

"I'm living my dream," she said. "I get to do what I want to do everyday."

For more on DiAnne and Deepwood Farm, go to www.deepwoodfarm.com.

(Inset photo: DiAnne on Handsom Harry, a roan she acquired last year. DiAnne lives at Deepwood Farm with her 12 horses and her husband, Wyatt, a farrier.)



OCSD Bethel Patrol Log:

Wednesday, Feb. 9

At 10:32 p.m. Deputy Dennis Ryder responded to the Flat Road in Bethel for a report of a subject operating under the influence. Albert A. Gaudreau Jr., 50, of Bethel was arrested for OUI and operating after license suspension.

Thursday, Feb. 10

At 11:56 a.m. Deputy Willie Nelson responded to the Mayville Road in Bethel to talk with a business owner about a subject visiting the business and asking numerous questions.

Friday, Feb. 11

At 6:01 a.m. a caller asked to speak to a deputy regarding a vehicle passing a school bus in Bethel while it had its red lights on. Deputy Mike Halacy was assigned.

At 11:17 a.m. Deputy Mike Halacy received a report of harassment on the Songo Pond Road in Bethel.

At 12:43 p.m. and 1:07 p.m. Deputy Dani Welch did concealed weapons checks.

At 7:44 p.m. a caller reported phone harassment on Vernon Street in Bethel. Deputy Matt Noyes was assigned.

At 11:12 p.m. a caller reported a transient person on the Mayville Road in Bethel looking for free housing. Deputy Matt Noyes was assigned.

Cpl. Justin Brown and Deputy Mike Halacy did a welfare check on the Cushman Hill Road in Woodstock.

Cpl. Justin Brown responded to Birch Street in Woodstock for a two-vehicle, property damage accident.

Sunday, Feb. 13

At 3:43 p.m. Deputy Josh Wyman and Sheriff Wayne Gallant responded to Martins Lane in Bethel for a property damage accident. The driver had left the scene. Those involved were later located and paperwork was completed.

At 4:33 p.m. a landlord requested assistance with evicted people at a Mayville Road, Bethel, property. Deputies Josh Wyman and Matt Noyes were assigned.

At 8:58 p.m. on Route 2 in Bethel a traffic stop by Deputy Matt Noyes resulted in Michael Forbes, 57, of Hanover being arrested for OUI.

Deputies Matt Noyes and Mike Halacy assisted State Police on Route 2 in Gilead with a bail check. Several minors were summonsed for illegal possession of liquor by consumption.

Monday, Feb. 14

At 9:27 a.m. a subject asked to speak with a deputy regarding an incident at the Transfer Station in Bethel the day before. Deputy Mike Halacy was assigned.

A report was received that around 3 p.m. two men in an old Chevrolet pulled into a house on the Intervale Road in Bethel and got out, looking around. The house had been abandoned for some time. They said they had a work order to check the power in the house. They entered the house and later came out carrying half-full garbage bags, and drove away toward the East Bethel Road. Deputy Chris Davis was assigned to investigate.

On Main Street, Bethel, Fernand Corriveau, 48, of Albany was arrested by Deputy Matt Noyes for OUI first offense.

Capt. Hart Daley responded to Mountview Drive in Woodstock for a report of the theft of a firearm.

Matters of Record:

RUMFORD—The following divorces were granted in 11th District Court:

James A. Heath Jr. of Bethel and Cheryl A. Heath of Bethel, married July 1, 1995, in West Paris, shared parental rights for two children, primary residence with father.

Sean P. O'Leary of Peru and Susan M. O'Leary of Peru, married Oct. 4, 1986, in Mansfield, Mass.

Mark L. Pulsifer of Mexico and Paula M. Pulsifer of Rumford, married July 14, 1995, in Andover, shared parental rights for three children, primary residence with father.

Warren Strout of Canton and Rhonda Gallant-Strout of Dixfield, married Nov. 10, 2009, in Rumford.

Michael R. Halacy of Milton Township and Tawn Marie Halacy of Milton Township, married May 11, 1996, in Rumford Center.

Robbie L. Wallace of Newry and Leeann Wallace of Bethel, married June 2, 2007, in Woodstock.

Richard M. Finnegan of Hartford and Heather J. Finnegan of Peru, married June 18, 2005, in Dixfield, shared parental rights for one child, primary residence with mother.

Marcus Todd Libby of Dixfield and Nikki N. Libby of Mexico, married Sept. 20, 1999, in Norfolk, Va., shared parental rights for two children, primary residence with father.

Todd T. Davis of Bethel and Nikki L. Davis of Poland, married Aug. 18, 2001, in Bethel, shared parental rights for one child, primary residence with mother.

Mark A. Hutchinson of Carthage and Michelle M. Hutchinson of Rumford, married July 30, 2005, in Carthage, shared parental rights for four children, primary residence with father.

James G. Costello of Driggs, Idaho, and Deborah R. Costello of Bethel, married Sept. 7, 1993, in Carrabassett Valley, shared parental rights for two children, primary residence with mother.

Michael Joseph Diconzo of Dixfield and Joanne Leslie Diconzo of Rumford, married Sept. 27, 2005, in Las Vegas, Nev.

Jamie L. Downs Sr. of Dixfield and Terri L. Downs of Rumford, married July 4, 2007, in Rumford.

Rodney J. Levesque of Bethel and Sarah L. Levesque of West Bethel, married Sept. 30, 2006, in Bethel.

Phillip A. McCrillis of Peru and Jill Marie Chatburn of Peru, married July 24, 2004, in Farmington.

Alan M. Merrill of Mason Township and Kelly K. Merrill of Bethel, married March 15, 1986, in Bethel.

Jeffrey J. Williams of Mexico and Michelle Williams of Port Charlotte, Fla., married Sept. 3, 1988, in Rumford, sole parental rights for two children to father.

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If you know of an individual, organization or business our readers would be interested in learning about in a Community Profile, please contact the Citizen at 824-2444 or news@bethelcitizen.com.

Let's have a

Heart to Heart

Saturday, February 26, 8am - 12:30pm



The Central Maine Medical Family

Conference Room A - Ground Floor

8:00 - 9:00

Registration

Heart Healthy Breakfast and "How it's healthy"

9:00 - 9:45

Dr. Richard Shulman, "Heart Disease Risks"

9:45 - 10:30

Jane Wardwell, RD, "Adapting Your Favorite Recipes"

10:30 - 10:45

Break

10:45 - 11:45

Panel Discussion, "Motivating Yourself for Lifestyle Change"

11:45

Heart Healthy Lunch

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ENTERTAINMENT

Thursday, February 17
HOOT NITE with DENNY BREAU

Friday, February 18
JIM GALLANT

Saturday, February 19
LEE SYKES

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Bethel

By NANCY BROWN



Are you looking for good places to snowshoe in the Bethel area? Many local snowmobile trails are open to snowshoers, but be sure to "snowshoe defensively." Watch for snowmobiles and move out of their way. Also watch for animals and birds on the trails.

On Sunday, I snowshoed two of the trails in Maggie's Nature Park. The park is located on the Greenwood Road in Greenwood across from South Pond. I snowshoed up the Ring Hill trail which takes about an hour round trip. There are beautiful views of South Pond, and from the rocks at the top of the trail you can watch skiers coming down the Mt. Abram trails. There are a few steep sections and you need to watch children or dogs near the upper part of the trail. Near the trailhead is a short loop called Maggie's Trail, which has some beautiful "ice formations" on the cliffs facing the trail. The parking lot is plowed and sanded and a large map explains the trail system. The park is dog-friendly, but when I was there, someone had posted a sign saying, "Please keep trails clean. Remove your 'Dog doo.' It sticks to snowshoes and boots. Yuck. Thanks." The sign seems to have worked. The trails were pristine.

A Public Supper (no charge) is being held on Wednesday, Feb. 23, from 4:30 to 6:30 p.m. at the Bethel Alliance Church. The church is across from Telstar at 251 Walkers Mills Road.

World Day of Prayer will be celebrated at Our Lady of the Snows Catholic Church on Friday, March 4, at 11 a.m. The snow date is Friday,

March 11. It is an ecumenical service and everyone is welcome. A luncheon will follow the service. The first World Day of Prayer was in Canada on Jan. 9, 1920. Today, hundreds of thousands of people around the world collectively participate in this event. Each year a different country writes the worship service. This year the theme is "How Many Loaves Have You," written by the women of Chile.

I have tried to stay away from politics and controversial issues in this column. Until now. Rep. Sheryl Briggs (D-Mexico) has introduced a bill that will allow towns and cities to dump plowed snow wherever they want — including into lakes, rivers, inlets, and bays — without permission from the Department of Environmental Protection. This means anything the towns plow up can be dumped anywhere. This could include anything from snow and ice to chemicals, dead animals, automobile parts, cans, bottles, or batteries. Do you get the picture?

How many of you are old enough to remember when pollutants were pumped directly from the paper mills into the Androscoggin River? If you are my age and grew up in Bethel, it's probably a vivid memory. The pollution of the Androscoggin started in Berlin, N.H., just a few miles from the river's source. By the time the river got to Bethel, the stench was sometimes so bad that we could smell the river from a mile away. As a child, I remember watching brownish-yellow piles of foam floating down the river.

Obviously Briggs does not recall those days. Is Briggs aware of how hard Mainers have fought to clean up our waterways? Briggs says she is sponsoring the legislation in order to review the regulations. "I'm not saying it's a good idea, but I am saying the discussion should come forward," Briggs says. Is Briggs? Her actions play right into

the hands of those who want to abolish protective legislation under the guise of luring more businesses to Maine. A hundred years ago, Eugene V. Debs said that "It's better to vote for what you want and not get it than to vote for what you don't want and get it." Briggs needs to take a lesson from him.

As for us, we need to watch this bill. Overturning any protective legislation is a giant step backward.

Do you have news that you'd like to share? Please send it to nancybrown1150@yahoo.com or call me at 824-2483.

West Bethel

By LORRIE HOEH



Hi. Jake the Lab here, filling in for my mistress, aka Lorrie. She decided to take the week off, so I'm doing her a favor. I call my master and mistress Ma and Pa, because they're the only parents I remember. Sure don't remember any of my littermates, either, but I remember friends and family who have been nice to me, you bet.

Last Wednesday morning Ma took me snowshoeing because she figured the trail would be beaten down by then. She was partly right. We had a little trouble getting up the plowed bank across the street, and I thought it was pretty funny when she stepped in up to her thigh before she got the snowshoes on. She had her laugh on me later.

As long as I stay behind her, it's fine, because she tamps down the loose snow, but if I try to go ahead to follow some good smells, I get in trouble. Still, we had a pretty good walk, and I spied a turkey up the trail and lit out after it. Dang thing just flew up into a tree. About that time we turned around to head for home. And when we got back

to the plowed bank, I stepped a little off the beaten path, and there I was, in up to my shoulders. As an elderly gentleman I had a bit of a struggle, but I knew that Ma would help me if needed. As it was, I managed on my own, and she just had a good laugh.

Ma and Pa together took me snowshoeing on Sunday morning. We went down the Steeplechase trail to the golf course and then picked up a snowshoe trail there that led to the Fairway Road. They took off the snowshoes then and put me on a leash, which I don't like, and we hoofed it back to Eden Lane.

On Saturday the folks left me alone most of the day because they had to go to Camden for something or other. I heard them talking about somebody dying, so I guess that was it. Later I figured out it was the mother-in-law of their oldest daughter. I could tell they were pretty sad about this, because we dogs can sense these things. I don't much like being left behind usually, but one of my important jobs is to guard the house, so that's what I did.

Ma told Pa there was a big cross-country race at the Rangeley Nordic Center on Saturday, with six high schools skiing. She said that Adam Mahar of the Telstar Nordic Team came in first. Way to skate, Adam!

Last Wednesday Ma had some of her spinning friends here for the day. They sat out in the sunroom, spinning, knitting, and jabbering away. They were all pretty nice to me, giving me pats and telling me what a good boy I am. I heard them say that they saw turkeys out back by the trees, but I didn't see them. Of course, if I'd been outside, I would have smelled them and chased them, for sure.

Monday morning I overheard Ma talking on the phone with Linda Westleigh all about an exciting adventure she had with her family. Linda, her daughter, Lisa Pivin,

and her neighbor, Joyce Donnaruma drove to St. Albans, Vt., on Feb. 4, where they met up with Annie, Maddie, and Caden Costello, Lisa's daughter and grandchildren. Annie drove up from Fort Drumm, N.Y., then drove to West Bethel with her mom while Linda and Joyce came back in their car.

That's when the fun began, because there were a bunch of birthdays to celebrate. Maddie turned three on Jan. 5; Aiden will be one on Feb. 23; and Annie has a birthday on Feb. 28, so there was a huge party. (Sure wish I could have been there. I bet there were lots of crumbs and handouts that a nice dog like me could have snagged.) Linda said the whole visit was "grammy heaven."

Well, guess I'll just "paws" here and remind you to get in touch with Ma with your news of life in West Bethel. I guess you know her e-mail is dhoe@megalink.net, and her phone number is 824-2917. She'll be back next week.

East Bethel

By WALLY RITZ



I hope everybody had a nice and happy Valentine's Day. Here we are now, half way through February and Mother Nature is still toying with us. On some days the temperatures are springlike and then we are back in the deep freeze. Therefore, I think that one reader's suggestion for a cabin fever buster is quite fitting: "What do you first look for that is an indication that Spring is on the way?" This should be quite interesting. So, think about it and then call me at 824-3220 or e-mail han@megalink.net with your "signs" and, please, don't forget your answer to the Trivia or any other news and things you want to share.

Here is another thought to ponder. The Chinese philosopher Confucius said, "Our greatest glory is not in never falling, but in rising every time we fall."

I am looking forward to all your responses and do hope you will all play along. Enjoy your week and think spring.

Andover

By MELINDA AVERILL



Hello Andover friends. There was a large turnout at the benefit supper for Jon and Mary Thurston

on Friday evening. They served 205 plates of spaghetti! A huge thank-you to Dee F.Nadeau and Leo and Anna Camire, for heading up the benefit. Also to the Andover school, and the many volunteers who helped out. To the Fire Department for the use of their tables, and the people of Andover, who attended or donated in any way.

There will be a Community Skate Date this Saturday evening, Feb. 19, from 6 to 9 p.m. It will be held at the town rink behind the Fire Station. Hot dogs, chili, snacks, coffee and cocoa will be on sale in the station. This event is being sponsored by the Andover Recreation Committee.

Belated birthday wishes last week to Cassidy Smith on the 13th, and Carson McK'ay on the 16th.

Birthday wishes this week go out to Jacob McGurn on the 23rd, and Jacob Rainey on the 23rd.

Wesley Richardson was here last week, visiting his parents, Joe and Peg Madison.

This coming Monday, Feb. 21, is Presidents Day, the Town Office will be closed. It is also February vacation week for the school children! Enjoy!!

February is Children's Dental Health Month



by: Anne Meeuwssen, DDS

Question: What is the most popular time to go to the dentist?

Answer: 2:30 (tooth-hurty)

A familiar joke to many is also an unpleasant reality for many children. Dental decay is one of the most common diseases in children. While dental cavities are on the rise for children age 2-5 years old, there are actually many means of preventing cavities from ever developing. Once a trend to only see the dentist for acute pain, advances in dentistry have allowed for care that focuses more on prevention of problems, especially in children. Here are several tips to keep your child's mouth healthy and pain-free.

First Dental Visit A child should start visiting the dentist at age one. This is a shift in perspective from the former recommendation of a first visit at age three. A visit to the dentist at age one establishes a dental home for the child. It allows the dentist to perform a quick exam (usually while a parent helps hold their child on his or her lap), evaluate proper development of the teeth, make an assessment of the child's risk for developing cavities, and discuss with the parent proper care of the teeth.

Sealants Sealants are a protective plastic coating applied to permanent and primary (or "baby") teeth that are at risk for developing cavities. These coatings fill in the deep grooves on the chewing surfaces of the teeth where a toothbrush cannot reach, helping prevent cavities in

well; water can be tested to check for the level of fluoride.

Toothpaste with the ADA seal is fluoridated and not only cleans teeth but provides beneficial fluoride. Several mouth rinses on the market contain fluoride as well. Fluoride can even be prescribed for young children who do not get enough through their water source. Fluoride is also administered at the dental office. Fluoride not only strengthens teeth to prevent cavities, it can actually reverse small cavities so that they do not have to be filled by the dentist.

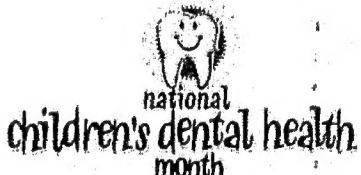
Diet Even with diligent brushing and flossing, a poor diet can quickly cause a good mouth to deteriorate with cavities. Each time a fermentable carbohydrate (think starch or sugar), is put into the mouth, it lowers the pH of the mouth—making it vulnerable to cavities. It takes about 30 minutes for the mouth to recover so that

the teeth are no longer under attack. What this means is that if a child is snacking or sipping frequently throughout the day, cavities are likely to result. Major culprits are sodas (even diet soda), juice, other sweetened beverages such as sports drinks, candies (especially those that are sucked for long periods of time like a lollipop), and crackers. Sweetened beverages should be consumed only at mealtime, and sippy-cups as well as bottles for bedtime should contain water only.

Preventative dentistry is the route to take to keep your child cavity free. Advanced dental cavities can cause pain, infection, swelling, and can even lead to hospitalization. Keep your child healthy and smiling by obtaining preventative dentistry and visiting your dentist regularly.

The Rumford Dental Health Center located at 60 Lowell Street is committed to increasing access to quality dental care for children and adults. The office accepts

dental insurance plans, MaineCare, Care Credit and has a sliding fee for those who have no insurance. Ask your pediatrician for a referral to schedule an appointment for your child, or call the Dental Center at 369-3660.



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CHOCOLAHOLICS DELIGHT—The Telstar High School Class of 2012 held a Chocolate Festival Sunday at the Bethel Inn Conference Center. Featuring dozens of desserts made by students and their families, the event raised funds for class activities. Pictured at left are juniors Kendra Carter, Kallie Brown, Adam Mahar, Britany Deglass and Matthew Keane. At right, a table of chocolate fans.



(Photos: A. Aloisio)

Hanover

By CLEM WORCESTER



Gardner Roberts Memorial Library remains open at the Library on Wednesday unless it is a no-school storm day. The Book Bakery continues providing sweets and will add some hot dishes during the cold weather. Last Wednesday the menu was corn chowder and future weeks will have other chowders, baked beans or just be surprised some week. Mmmm, good! New books for children include: "Who Will Plant a Tree" by Jerry Pallotta and "A Sick Day for Amos McGee" by Philip Stead. A new youth book is "First Step 2 Forever" by Justin Bieber. Adult books include: "Little Princess" by Conan Grennan, "Lake of Dreams" by Kim Edwards and "Battle Hymn of the Tiger Mom" by Amy Chau.

The Library Bees continue to meet on Tuesday afternoons, all are invited. Bring crafts, new project, unfinished projects, and ideas for the library, recipes, etc.; it is a great time for visiting. They have nearly completed the quilt that will be raffled at the Fall Festival and is expected to be a five-star project. Thanks to all who have assisted with contributions including the bottle drive. Just like a post office, sometimes wanted posters appear on the walls of the Hanover Town Office. The most recently wanted individual was Kelly. It seems she "borrowed" a friend's dog and the owner wants it back. We might just know where Kelly can be found. Should we turn her in for the reward?

Last week three friends made an appearance in court for the purpose of changing their name. The court was

agreeable; therefore in the future the trio will be known as Keith, Victoria and Kory Crockett-Harrington which honors the families of their father and mother. Following the court session they enjoyed a meal at the "Tin Bucket."

Have you noticed all the snow around? The Hanover Emergency Management Department has issued a heavy snow warning for building roofs and bridges in the area. If your buildings have not been checked for snow accumulation it should be done as soon as possible. Use caution if climbing upon a roof as your weight and movement could trigger a collapse. Heavy ice build-up on the eaves of heated homes can cause water to back up and do considerable damage inside buildings.

Too late. Warnings went out before Jan. 31. Most folks came to the Hanover Town Office to license their dogs. A few didn't. Now there is a \$25 late fee in addition to the regular fee. If you do not license your dog before March 1 the Animal Control Officer will call on you. If a visit to court is indicated the cost could be considerable.

Upton

By LAURIE BROWN



When I was a kid, I used to go sliding on my sled and when a bunch of us went together, we had a sliding party. Nowadays, I guess people go sledding on their sleds and have sledding parties. Which ever term you choose, Barnes Road offers a wonderful place to get from the top of the hill to the bottom of the hill on sleds. On Friday night, not only will there be opportunities to use sleds, there will be a bonfire, lots of roasted and toasted goodies, hot chocolate, and a pond to ice skate on. Hosts

for this free, annual event are Charlie Felt and Carol Norman. The Ladies Aid Association sponsors this fun-filled, family event as a way of saying "Thank you" to all their supporters throughout the year. Everyone is invited, to skate, eat, slide, sled, or just to socialize!

Do folks still go riding in their cars? Or do they go "caring"? I have to try to keep up with the terminologies of the era.

Charlotte Dominique, hostess at the Upton House, offers the following information which snowmobilers might find helpful. "A snowmobile registered in this state or in New Hampshire may be operated without further registration requirements on those portions of the Maine-New Hampshire Cooperative trails means: 1) New Hampshire Trail 18 as identified in the Success Pond-Grafton Notch area; and 2) Maine Trail ITS 80 as identified in the Evans Notch area of the White Mountain National Forest." - from 7 B. "State of Maine ATV and Snowmobile Laws and Rules: Effective December 1, 2010." Happy Riding! The trails are reportedly great.

Ed Bennett and Nancy Thew

have been enjoying snowshoeing and have made trails from their home, connecting trails to Barnes Road and to Lake View Road. They've also been feeding about 10 deer, four of them being yearlings.

Did you know that tomatoes (aka the love apple) used to be grown for ornamental reasons only and were considered poisonous by early Mainers? Now, of course, we know that they're a delicious addition to many recipes (or by themselves), but, are they a veggie or a fruit? There will probably be lots of tomatoes used in a variety of ways at the Italian Buffet on Saturday night at the Ladies Aid Building. The dinner will start at 5:30 p.m. and, as always, skilled cooks will offer delicious foods. Don't miss it! Have a wonderful week. Selah

Gilead

By LIN CHAPMAN



Hopefully, there will not be any big snow storms this week. The snow banks are high enough now to make it hard to see at

some intersections.

We were just saying the other day that we seem to have the same birds at the feeder all the time. There are Chickadees, Titmice, Red-breasted Nuthatches, White-breasted Nuthatches, Redpolls, Blue Jays, Mourning Doves and Sparrows. The last couple of days there was a Mrs. Hairy Woodpecker. She seemed to like the homemade bird patty that we put out.

My brother, Steve McLain, stopped by the house last Saturday.

He had his little black dog, Laney, with him. Laney was looking for the squirrels that hang out on the porch railing eating birdseed. She likes to chase them across the driveway and up the tree.

Steve and Lise McLain attended the Chocolate Festival last Sunday at the Bethel Inn Conference Center. It was a fundraiser for the Telstar Class of 2012.

Lise McLain attended the Wine Tasting event that was held at Mill Hill Inn last Tuesday. This event was sponsored by the Western Mountains Senior College.

Hugh and I stopped by Tim and Michele's last Sunday

for a little visit before heading for Wal-Mart. Our granddaughter, Sidney, had been skating earlier in the day and wanted to show us her hockey stick and tell us about her practice.

Town Office

The Annual Town Meeting is coming up on Saturday, March 26, at the Town Hall. Anyone who has not registered to vote, and qualifies to do so, needs to be at the Town Hall between 6:30 and 6:50 p.m. Those who are registered should arrive at the Town Hall during that time to sign in and be checked off the voting list. The registrar is also in the Town Office on Tuesday evenings from 5 to 7 p.m. and can register new voters.

The Selectmen are finalizing the budget for this next year.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

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Sunday River

Tuesday, Feb 22

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JASON BISHOP

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Mason

By RICHARD GROVER



Mona and I boarded a Hawaiian Airlines airplane around 8:30 a.m. on Jan. 25 at Honolulu and were in

Hilo, Hawaii (the Big Island) before 10 a.m. We were soon in our rental car and headed west on Highway 10 for the Kiluea Military Camp (KMC) about 25 miles away.

KMC is inside the Hawaii Volcanoes National Park and sits on the north rim of the Kiluea Volcano caldera (cra-

ter). Our WWII era cottage at KMC sat about 200 yards from the crater rim trail. While the Kiluea volcano is considered one of the world's most active volcanoes, the caldera rim east and north sides (where KMC sits) have been stable for more than 100 years.

Inside the four-mile diameter Kiluea caldera, near the west edge is a smaller active caldera called Halemaumau, about 200 yards wide. Halemaumau has a molten lava pool seething atop a vent oozing lava from deep below the surface, and it is emitting large clouds of smoke and hydrogen sulfide gas, which is a potentially toxic brew containing sul-

furic acid and glass particles, among other things. As a result of these emissions most of the interior of the Kiluea crater is closed off to hiking, and much of the crater rim highway around the crater is closed to traffic as well, particularly on the western side, where the trade winds (nearly constant winds that blow east to west at what I estimate 10 to 15 mph) carry the smoke, and sometimes ash, or even lava. Signs along the rim trail that is open state that in the 1800s, the Kiluea crater was about 900 feet deep, but Halemaumau has periodically erupted and has gradually filled the crater with lava to its present

depth of about 400 feet.

A short distance up Highway 10 from the airport, we spotted a sign pointing left (south) that said, "Macadamia Drive." We took this road for about three miles to the Mauna Loa Macadamia Nut Factory. We had been here six years ago, but we couldn't resist another taste of their wonderful nuts, ice cream and chocolate-covered candy. Our bag of candy lasted almost the whole five days we were there!

We also had several hours to kill because our check-in time wasn't until 3 p.m. As the Kiluea rim sits at about 4,000 feet above sea level, we were cautioned to bring warm cloth-

ing. We found the daytime temperatures there quite comfortably in the 70s most of the time; however, a couple cloudy, misty and windy days and nighttimes were cooler, at times in the lower 50s.

On two cloudy, misty days, we drove the 30 or so miles to the seashore, where every day was around 80 degrees and sunny, save for a few light showers.

We found out that the five-hour time difference between Maine and Hawaii gave us some severe jet lag. We found ourselves going to bed by 7:30 p.m., or so because that was after midnight, Maine time; consequently, we were

wide awake and reading by 3:30 a.m., or so! Our second night at KMC, we were in bed by around 8:30 p.m. We were both just about asleep, when the cabin shook with an abrupt bang, like someone was banging on the door, and then the windows rattled. We both jumped up, and then all was quiet; the earthquake lasted about two or three seconds!

Next day we went to the observatory on the Kiluea rim overlooking Halemaumau. The ranger there told us that at 8:45 p.m. the night before there had been a 2.1 earthquake registered, normally not severe enough to be felt. Then he checked the quake epicenter, and it turned out to be directly under the KMC; that's why we felt it! He explained that numerous minor quakes, most registering less than 2.0 on the Richter scale, occur every day, with a 2.0 or higher about once per week. That burst our bubble, as we were hoping Halemaumau was going to give us a show, more than the red glow that could be seen in the smoke at night.

We learned that one of Kiluea's "sub volcanoes" was active and sending hot lava flowing eight or ten miles to the ocean on Hawaii's southeast coast. This active vent is called Puu O O (Pronounced "poo ooh oh oh"), and sometimes it can be seen from places on the "chain of craters road" which leads from park HQ southeastward about 20 miles to the coast.

When our second day dawned clear, we decided to drive the chain of craters road in hopes of seeing hot flowing lava. This road has been cut and buried by lava flows several times over the years and has been re-located more than once.

We enjoyed our drive through miles of lava fields, sometimes barren black lava and sometimes sprinkled by numerous ferns and ohia trees growing out of cracks in the lava, tributes to nature's unstoppable urge to support new life. As we approached the shore of the mighty Pacific Ocean, we were stopped by three or four small shacks, some barricades and signs signifying the end of the road, with a loop where we could turn the car around.

Just beyond the barricades the road was visible for a way, and then it was covered by several feet of lava. No flowing lava was visible in any direction; only a few wisps of smoke could be seen emanating from the lava on the far slope where Kiluea leads to the ocean; a column of steam rose from the edge of the ocean at the far limit of our vision.

When the volume of lava flowing from a vent crack is small, the surface lava cools rapidly, but the molten hot stuff keeps flowing beneath the surface in what are called lava tubes. When we were there the lava was flowing in lava tubes all the way to the ocean, where it has often reacts violently as the molten lava is rapidly cooled by the ocean water. Areas where hot lava is entering the ocean are unstable and dangerous, because large shelves of lava (sometimes several acres in size) break off unpredictably and slide into the ocean, so we were not eager to go near!

On our drive back up the "chain road" we stopped to hike a trail to an observation point on a steep little hill about 100 feet above the surrounding lava, a little more than a mile from the parking lot. This trail led us on a scenic loop of lava that had crossed over the "old chain of craters road" and left a "forest" of lava trees.

These are mounds of lava formed when hot lava flowed against live trees, which subsequently burned up and left holes in the middle of the lava which had cooled and solidified around the tree trunks and was left standing when level of the rest of the lava fell as the lava flowed on. From the crest of the steep little hill, a small volcano crater called "Puu Huluhulu" we could see Puu O O steaming on the horizon several miles away. Tourists need special permission to hike the trail that leads in that direction, and we didn't. No hot lava was visible from there. Only steam and smoke.

The sun was bright that day, and we both gained some tan by the time we had returned to the car, about two hours after beginning.

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FEB

17

2011

While in Hawaii, we learned that lava was at times flowing all the way from Puu O O volcano to the village of Halapana on the southeast shore of Hawaii (the Big Island). The first cool, misty day at KMC, we decided to drive to Halapana to see if there was any flowing lava visible there; we knew also that it was a warm 80 degrees at the coast. When we arrived at Kalapana, we found the highway blocked by, barricades and signs, "Road Closed. Resident vehicles only beyond barricades. Lava viewing from 2:00 p.m. to 8:00 p.m."

We parked our car under a shade tree just past the barricades and walked a short distance further, where we could see several houses surrounded by fresh lava fields. There were other houses at the base of old lava flows that were untouched by the new lava, but their driveways had been buried by the new lava over the past year of two. There were new gravel driveways atop the lava, so people could get to their houses, and they were still living there!

Deterred by the road signs, we decided to drive to Kalapana village to see what we could see there, planning to return to the lava-buried highway after 2 p.m. At the edge of the village we found the street blocked by more lava, but local vendors were set up in the shade of some palm trees, marking what used to be the sea shore. From there a "sea of lava" extended seaward to beyond where we could see.

A large, friendly Hawaiian man, sitting in a beach chair motioned to a vacant parking space adjacent. "We saved this parking spot just for you," he said. His wife was sitting behind a couple tables covered in necklaces made of puka shells and other materials ("puka" is Hawaiian for "hole"). I asked the man if they had volcano insurance that would pay for houses destroyed by lava. He replied that they have such insurance, but most locals just have fire insurance, which will pay if your house is burned before the lava hits it, but you have to take a pic-

ture of the house burning before the lava hits it before they will pay! Of course, the molten lava is hot enough to ignite wooden structures before it actually hits them.

Then I asked him if a landowner has beachfront property and the lava covers it and makes new land over what was ocean, does he get to claim the new land? He said, "No. The county owns all new land formed by lava flows into the ocean. But you still own the land that you owned before which is now covered by lava!" I bought Mona a necklace made of green glass crystals called olivine, which is sometimes formed in lava. We had read about the tiny olivine crystals in a trail guide pamphlet we had used the day before.

The talkative man explained that we could go back to the end of the highway and drive past the threatening signs to another barricade where we could park and walk out on the lava. After walking a path over the lava to the new shore of the ocean, we drove back to the barricaded highway. This time we walked out on the lava flow a few yards, until we noted heat waves rising from the lava ahead, and we could feel heat radiating from it as well. I took pictures of some of the houses surrounded by lava, and we headed back to our cooler mountain.

Our final day in Hawaii, Pro Bowl Sunday, we returned to Kalapana to see if we could see some molten lava, because conditions change on a daily basis. Our flight back to Honolulu wasn't until after 5 p.m. This time, as we walked past the barricades, we met two fellows who we watched walking back from the sea shore, where a column of white smoke/steam could be seen, probably a half mile away. One of the men carried a camera and tripod, and the other an umbrella.

We asked them if they could see lava flowing into the ocean. They said that the lava tube extended into the water, so they could only see the steam that resulted as the lava hit the water under the crust of the tube. Then they said they would show us some mol-

ten lava if we wanted to wait until they put their gear into their pickup. "It's only about 50 yards." So we said, "Sure."

They soon returned, and we followed out onto the lava. Within a few yards we could already feel heat radiating from the recent flow. We could even hear our footsteps echoing from what sounded like thin crust over empty space beneath our feet! Spooky! After another short distance, they said, "Look over there." Sure enough, we could see a small area where red lava was slowly oozing along the top of previous flows.

Not wanting to get much closer, I let the photographer take my camera and get a couple close-ups. Then he stuck the metal tip of his umbrella into the molten leading edge of lava and watched it immediately burst into flames. We decided we had had enough of hot lava, so we retreated back to the road. Along the way we encountered another small finger of molten stuff. One fellow handed me his card and invited us to stop by his photo shop in Hilo, where he had many photos of volcanoes and lava. We thanked him and visited his wife in their gallery that afternoon before heading to the airport.

While waiting at our gate for our flight to Honolulu, we were surprised to see a young woman wearing handcuffs and leg chains and followed by a male and a female law officer enter our gate area. Apparently, she was being extradited to Honolulu. Then when we boarded our American Airlines flight from Honolulu to Dallas/Ft. Worth, we saw Terry Bradshaw (former Steelers quarterback, and commentator for the Pro Bowl) reclining in the First Class section of our aircraft! We were lucky to make our connections all the way back to Maine without any weather difficulties.

Back home

Last week I was surprised to receive a phone call from Ray Coulombe, who had given the Bethel Legion Post a whiskey bottle via Ann Morton (Mason article in the Jan. 20 issue of "Citizen"). Ray twitted me a bit on my having made a point of noting that the whiskey bottle was "empty"



MASON CORRESPONDENT GOES AWOL—Richard Grover (above), the Citizen's Mason Township correspondent, recently visited Hawaii with his wife, Mona. Below, a lava field surrounds a house. For an account of the trip, see column Page 8 and this page.



roof of the barn there, and the kids occasionally sledded from the barn roof, and they sometimes shoveled a tunnel through the drift to the front door of the house.

Waterford

By ROCKIE GRAHAM



Valentine's Day came and went. Hearts were posted all over Portland, as usual by an unknown wandering person. I like that. It has been happening for many years. Maybe we should start a similar tradition up here. Perhaps it could be hearts delivered with food for the

needy. Last night's winds were intense. Here it sounded like a freight train traveling through. Now it is still windy but not as intense. Perhaps that is just because we are in the light of day. Had there still been snow on the roof of the house, I am sure it would have come careening down. I was waiting for something like that.

Next week is school vacation. Beware of young people flooding the streets. I doubt we'll see bicycles, at least in this neighborhood, but I expect 4-wheelers and snowmobiles heading down the roads and trails. Not having Pop's, as a stopping point they will probably have to head elsewhere.

Thursday, the 17th, ACA will meet at the Waterford Library at 10 a.m. FMI please call 739-9115.

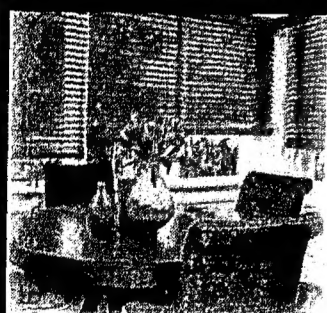
Also on Thursday, there is a community supper at the Wilkins House. It is potluck and starts at 6 P.M. Bring a dish to share. The Patries and the Engahls will be the hosts.

Friday, the 18th, Western Mountains Senior College presents Linda Greenlaw, captain of the Perfect Storm. It is from 4 to 5:30 p.m. at the McLaughlin Science Building at Gould Academy. It is free. Sounds like fun!

Check out Harrison for all kinds of Winter Festival activities during vacation week.

That is all for this week. Have a great vacation week if you are on vacation and stay safe.

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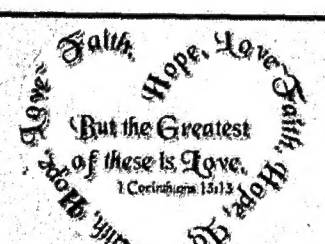
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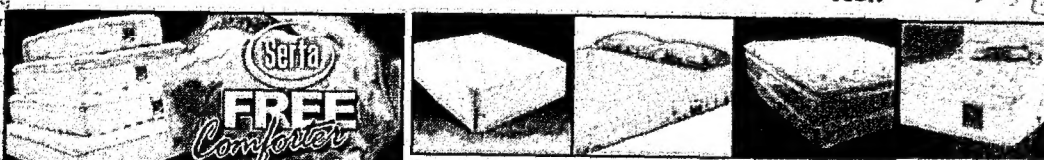
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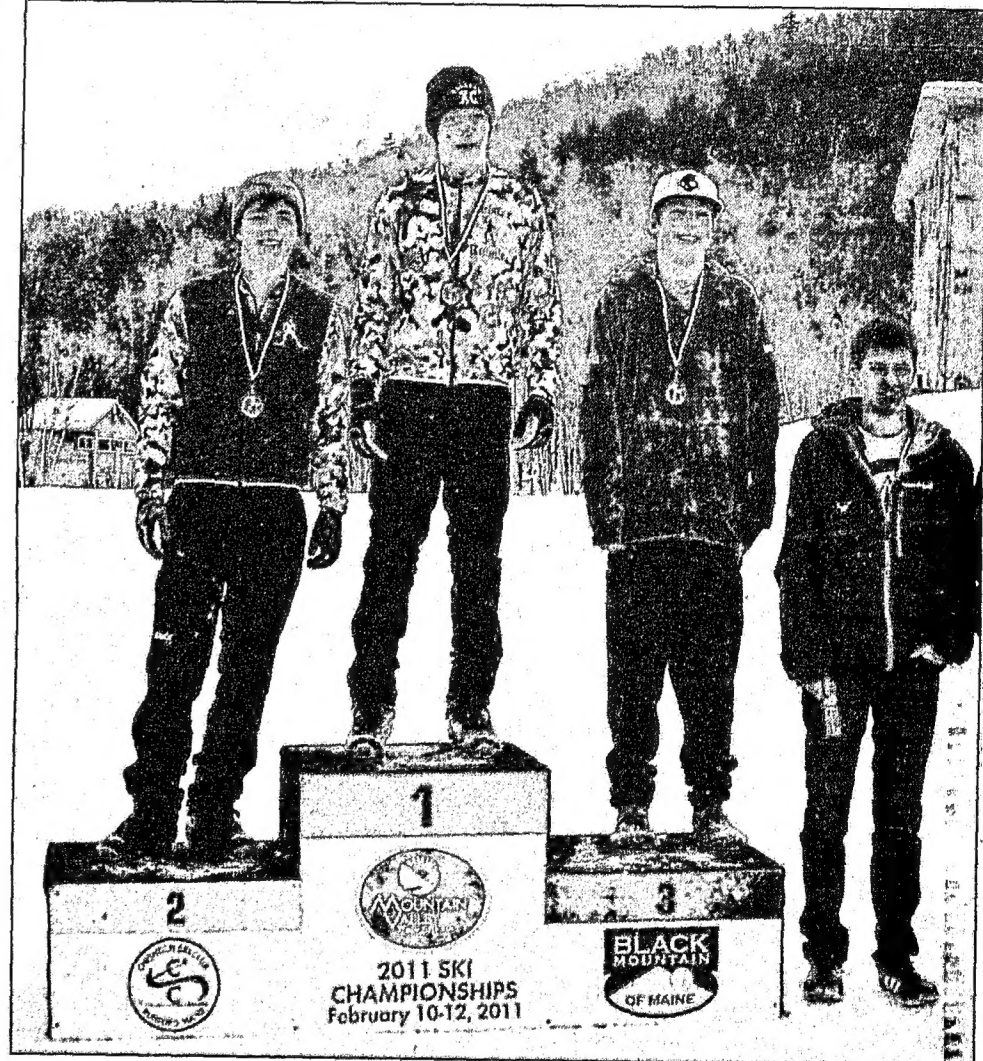
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FEB

17

2011

2011 MVC Ski Championships



The 2011 Mountain Valley Conference Ski Championships took place last week at Saddleback and Black Mountain. Clockwise, from top left: Telstar's James Piccirillo skis in the freestyle Nordic race at Saddleback; Ja Vathanachai in the Classical race at Black; Rebels Adam Mahar (top podium) and Ben Lewis (left) took first and second in the Classical; Telstar's Tyler James races in the slalom at Black. For more photos, go to www.bethelcitizen.com/sports. For results, see Page 12. (Photos: Saddleback and podium Anne Marie Mahar; others, A. Aloisio)

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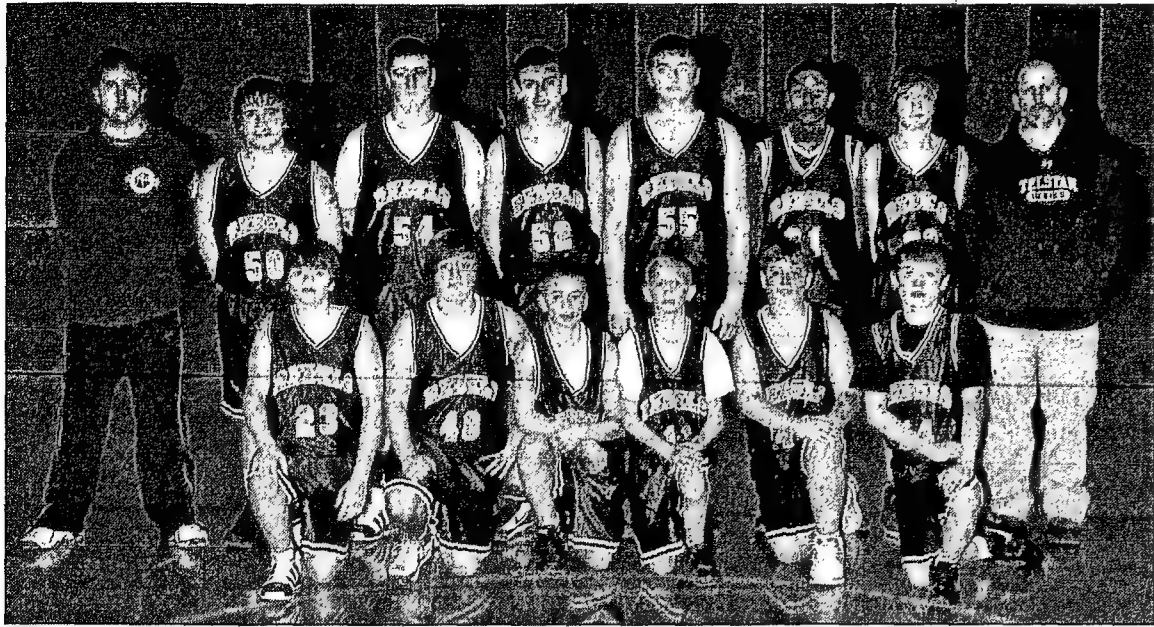
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Telstar Middle School 2010-2011 Winter Sports Teams



TELSTAR MIDDLE SCHOOL BOYS' VARSITY BASKETBALL
Front: Andrew Mills, Ryan Vail, Maverik Griffin, JoJo Putnam, Taran Vitale, Cyle Marriott. Back: Coach Josh Onorato, Zach Wheeler, Dyan Gordan, Jordan Pilgrim, David Pilgrim, Cameron Pike, Mike Rodway, Coach Tim O'Connor.

TELSTAR MIDDLE SCHOOL BOYS' J.V. BASKETBALL
Coach Josh Onorato, Calvin Grover, Avry Griffin, Matt Tribble, Matt Bennett, Luke Angevine, Taber Pasternak, Devin Berry, Tanner Wheeler, Brandon Dougherty, Elijah Mason, Cameron Rothwell, Ben Cyr, Coach Tim O'Connor. Absent: Mohammed Alzubaidi.



TELSTAR MIDDLE SCHOOL VARSITY GIRLS' BASKETBALL
Coach Scott Haines, Crystal Head, Olivia York, Hayley Peterson, Savanna Pelletier, Tori Ryerson, Kayla Waterhouse, Blair Stevens, Anna Tyrinna, Becca Howard, Katie Merrill, Dora Pilgrim-Guay, Annie Cushman, Jessie Kelly, Coach Linda Cozzolino.

TELSTAR MIDDLE SCHOOL J.V. GIRLS' BASKETBALL
Coach Scott Haines, Crystal Head, Kelsey Hurlbert, Natasha Hart, Lisa Gammon, Kayla Waterhouse, Anna Tyrinna, Caitlin Haines, Dora Pilgrim-Guay, Alice Pelletier, Shylynn Buckman, Olivia York, Coach Linda Cozzolino.



TELSTAR MIDDLE SCHOOL CROSS-COUNTRY SKI TEAM
Front: Kaitlyn Brown, Rachael Goldberg, Schuyler Leff, Liam Gallagher, Carla Boyle-Wight, Ani Inman. Middle: Andrew Siegel, Jeriah Edwards, Aislyn Forbes, Gabby Stone, Marcus Wentworth, Matt Bragdon. Back: Greg Wheeler, Brendon Stearns, Mitch Lehman, Calob Clarke, Rose Goldberg. Rear: Coach Steve Keane.



TELSTAR MIDDLE SCHOOL ALPINE SKI TEAM
Front four: Alex Duclos, Zach Stone, Shelby Leveque, Shania Swan. Middle seven: Wyster Morin, Kaitlyn Brown, Ali Turnick, Aislyn Forbes, Luke Davis, Maddie Simard, Josh Elliot. Back: Zach Kellner, Brendon Stearns, Liam Gallagher, Greg Wheeler, Gabrielle Stone, Kimi Drew, Kasmira Wienberg, Aaron Speakman, Coach Elliot. Absent: Shelby Cowin.

(Photos courtesy Lifetouch)

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2011

Honor roll

CRESCENT PARK SCHOOL

The following pupils have been named to the Honor Roll for the second quarter of school year 2010-2011.

GRADE 4

High Honors: Julia Aug, Lilo Bean, Nicole Berry, Lavinia Clarke, Hannah Evans, Emily Hanscom, Griffin Lehman, Brooke Richardson, Sadie Richardson, Lily Weaver.

Honors: Alivia Chapple, Julia Cherkis, Madison Drapeau, Preston Fultz, Brooklyn Gordon, Kurtis Grover, Victoria Hamel, Emalee Harrington, Peyton Hart, Luke Hayward, Ben Hofmann, Matthew Lavoie, Tristen Lilly, Reese Rosenberg, Mia Shifrin, Brynne Speakman, Kaitlee Turnick, Thomas Watson.

GRADE 5

High Honors: Ben Alford, Frances Bailey, Caroline Finley, Taylor Mason, Marta Opie, Maddox Ormiston, Charlie Perry, Ana Rossow.

Honors: Sarah Bartlett, Jarrett Bean, Gaelan Boyle-Wight, Mitchell Bragdon, Erin Childs, Aliah Connolly, Elayna Harrison, Tanner Kist, Kylee Martin, Savannah Merrill, Rebecca Morin, Matthew Morin, Dylan Richmond, Jillian Thielbar, Aaron Vermette, Samuel Weaver, Abigail Wheeler.

Dean's list

AT UNITY

Michael MacKnight II of Andover, son of Dirk MacKnight, has been named to the dean's list for the fall 2010 semester at Unity College with a GPA of 3.75. Michael is a freshman at Unity College majoring in Conservation Law Enforcement.

AT MUHLENBERG

Kelsey Gamble of Bethel, a member of the Class of 2012 at Muhlenberg College, achieved dean's list standing for the fall 2010 semester. She is a Spanish major and Music minor.

Kelsey is the daughter of Mr. and Mrs. Leslie B. Gamble and a graduate of Gould Academy.

AT ST. MICHAEL'S

Katlyn Keane, daughter of Marie Corbin-Keane and Steven Keane of Bethel was named to the dean's list for the fall 2010 semester at Saint Michael's College. Keane is a sophomore Spanish major and a Telstar High School graduate.

AT BATES

Matthew E. Perejda of Newry was named to the dean's list at Bates College as a result of his scholastic standing during the fall semester of the 2010-2011 academic year.

Perejda is a 2010 graduate of Gould Academy. He is the son of Michele L. Perejda of Newry.

AT FIT

Abbie Cummings, of Bethel, was among students from Florida Institute of Technology in Melbourne named to the dean's list for fall 2010 semester. Cummings is a Construction Management major.

AT UMAINE

Area students named to the President's List for 2010 fall semester at the University of Maine-Orono: Megan Bonney and Lance Brown, both of Bethel; and Mariah Bundy and David Lawrence of Bryant Pond; Zachariah Belding, Daniel Broyer, Celine MacLean, Kelly Margeson, Lauren Reeves, Jesse Sawin, all of Lovell; Jennifer Aldrich of Upton.

Service notes

Army Pfc. Michael C. Pelatte has graduated from the Basic Field Artillery Cannon Crewmember Advanced Individual Training course at Fort Sill, Lawton, Okla.

He is the son of Patricia A. Tribble of Bethel.

His former guardian, Stacey L. Wheeler, resides on Terrace Road, Bethel.

Pelatte is a 2010 graduate of Telstar High School.

Sports

High School Boys' Varsity Basketball

Telstar 70, Mt. Valley 57; Feb. 10— Telstar stats: Dan Vaughn 26 points, Ben Field 13 points, Corey Howard 13 points, Elek Pew 10 points. Field, Pew and Vaughn each had three-pointers. Telstar was scheduled to play a preliminary Western Class C playoff game Feb. 16 against Traip Academy at Telstar.

Telstar 63, Mt. Abram 34; Feb. 11— Telstar stats: Dan Vaughn 14 points, Corey Howard 13 points, Danny Whitney 7 points, and Dominic Haines 7 points.

High School Boys' J.V. Basketball

Mt. Valley 64, Telstar 41; Feb. 10— Telstar stats: Dominic Haines 21 points, Nick Mills 7 points, Lucas Bellanceau 6 points.

Telstar 61, Mt. Abram 41; Feb. 11— Telstar stats: Dominic Haines 32 points, Nick Mills 9 points, Austin Ryerson 5 points.

High School Girls' Varsity Basketball

Mt. Valley 50, Telstar 34; Feb. 11— On Senior Night, the Telstar Lady Rebels put up one of their best fights of the year battling Mt. Valley to close out their season. After a close first quarter down only 16-12 the Rebels were shut out in the second quarter. A slow start in the third was backed up by an aggressive effort and all out hustle in the fourth quarter beating the Falcons 15-2 to get the final score under 20 points. This was a huge improvement from the first meeting of the season where the Rebels lost 78-23. The Rebels may have been winless on the season, but the team made a comeback after a season off and finished with a roster of 3 seniors, 1 sophomore, and 8 freshmen. There is a lot of valuable experience gained this year and a great road map laid out for what needs to be done to remain competitive in the challenging Mt. Valley Conference in the future. Playing their final Telstar basketball game were three wonderful senior captains and leaders: Emma Davis with 10 points including two 3-pointers and 6 rebounds; Cheyanne Day with 6 points and 8 boards; and Nicena Walker with 8 points including two 3-pointers of her own and 8 rebounds. Jenna Putnam, Maisey Griffin, Anna Saucier, Jenny Wakefield, and Alyssa Brands each contributed two points to the effort. Thank you to everyone for their support and patience this season, I am proud of the ladies who stuck it out and gave their all this season.— Coach Mark Kenney

High School Boys' Cross-country Skiing

Mountain Valley Conference Championships at Saddleback, Feb. 10; Freestyle. Telstar racers: 1. Adam Mahar 17:27.5; 2. Ben Lewis 18:18.2; 11. Casey Kellner 20:21.2; 13. Matthew Keane 20:36.2.

Mountain Valley Conference Championships at Black Mountain, Feb. 12; Classical. Telstar racers: 1. Adam Mahar 15:50.8; 6. Ben Lewis 17:10.9; 9. Matthew Keane 18:31.9; 15. Casey Kellner 19:16.6; 25. James Piccarillo 20:36.1; 52. Ja Vadhanchai 30:34.8.

Telstar placed second in the overall Nordic competition.

High School Boys' Alpine Skiing

Mountain Valley Conference Championships at Saddleback, Feb. 10; Giant Slalom. Winning time: 1:23.09. Telstar racers: 17. Tyler James 1:38.64; 24. Anthony Dirago 1:44.51; 30. Cody Boivin 1:56.01.

Mountain Valley Conference Championships at Black Mountain, Feb. 12; Slalom. Winning time: 56.90. Telstar racers: 19. Anthony Dirago 1:22.70.

High School Girls' Alpine Skiing

Mountain Valley Conference Championships at Saddleback, Feb. 10; Giant Slalom. Winning time: 1:25.66. Telstar racers: 5. Morgan Lee 1:30.21; 11. Rose Wright 1:42.59; 22. Ashley Konkright 3:50.89.

Mountain Valley Conference Championships at Black Mountain, Feb. 12; Slalom. Winning time: 1:03.20. Telstar racers: 15. Morgan Lee 1:38.30; 16. Ashley Konkright 1:45.20.

TMS Alpine Skiing

Slalom race at Black Mt.; Feb. 3— It was a good size field with five teams: Telstar, Mountain Valley, Maranacook, Spruce, and Auburn. The course quickly turned to ice and became extremely difficult for the racers to handle, but once again the girls' team totally dominated the field. Maddie Simard won the race. Shelby Cowin came in 2nd, Kim Drew placed 3rd, and Grace Connors finished 5th. This gave the girls a near perfect team score of 11. Wynter Morin had a very impressive race finishing in 16th place with Gabrielle Stone finishing right behind her in 17th. The boys were led with an 8th place finish by George Connors and Brendon Stearns finished right behind him in 9th. Greg Wheeler also did well finishing in 16th.— Coach Eliot

GS race at Sunday River, Feb. 10— The boys were led by an impressive 4th place finish by Brendon Stearns. George Connors also placed in the top ten coming in 7th. The girls were led by both Maddie Simard and Kim Drew. After 2 runs, the battle ended in a tie for 2nd place. Grace Connors was right behind them in 4th and Shelby Cowin came in 6th. Congratulations to the entire team for improving their skills even further.— Coach Eliot

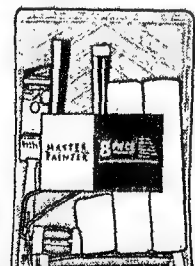
GS race at Mt. Abram; Feb. 11— Over 120 competitors came to race under the lights. Shelby Cowin led the girls' team to yet another impressive team score of 23. Shelby won the race for the girls, while Maddie Simard came in 4th, Kim Drew 8th, and Grace Connors 10th. Also placing near the top were Gabrielle Stone in 16th and Aislynn Forbes in 18th. George Connors turned in an impressive 4th place finish for the boys. The boys' team score was helped with good finishes by Greg Wheeler in 12th, Brendon Stearns in 13th, and Aaron Speakman in 25th. Zack Stone finished just outside the team scoring with a nice run for 28th place. Good job by the rest of the team. All but one racer were able to put together a finishing time.— Coach Eliot

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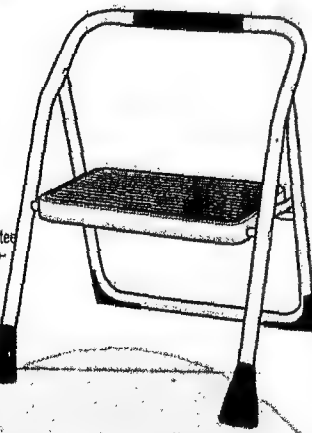
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MAHOOSUC KIDS



Enrichment opportunities for the children in SAD #44

From the Director

The MKA students are really loving the SNOW! We have had so much fun outside every day either snowshoeing, x-country skiing, sliding, and just having fun. Our elementary school kids have really enjoyed the winter programming provided by the staff at the Bryant Pond 4-H camp. We just finished our first 6 week session of Karate at the Woodstock school which was a tremendous success. We are starting our second session on March 3rd. Thirty Telstar Middle School students along with students from Dirigo and Buckfield are excited about participating in 2 days of Engineering workshops at the University of Maine over February vacation. The students will also get a tour of University life and workshops specifically designed for Middle school students! At this time, we are planning to be open for full days during February vacation. This may change if the enrollment is too low. Parents please let us know if you need us vacation week. Have a wonderful winter break!

Julie Hart, MKA Director



The Mahoosuc Kids Association is proud to sponsor the Woodstock Elementary School's x-country ski program. Here are Max Kruse, Caden Poland, and Brayden Stevens with parent volunteer Fred Garbo.



Brayden Stevens taking his cross-country skiing very seriously.



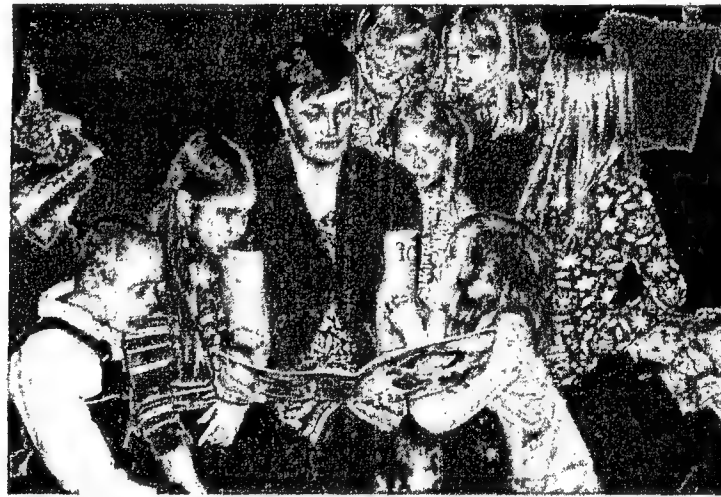
Olivia Seames and Maria Rodriguez slide down the hill together.



Caden Poland preparing to throw a snowball!



Carly Stevens practicing her karate skills.



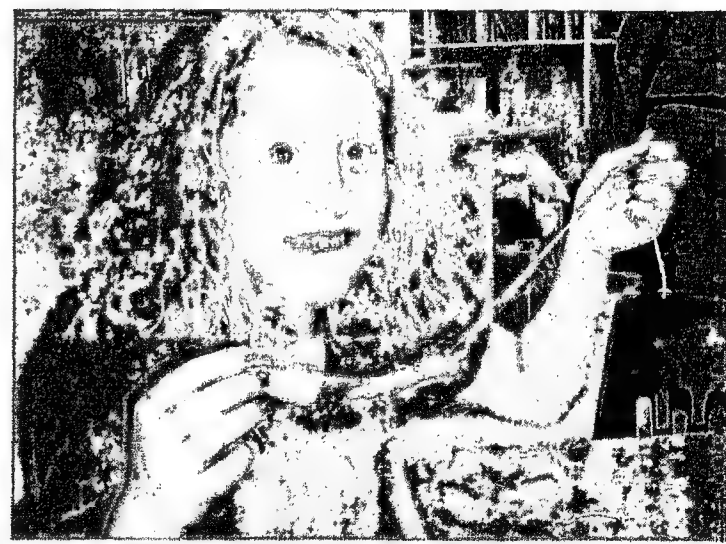
Starting from left, Henry Schroeder, Lydia Bennett, Tera Ingraham, (Back) Isabel Chase, Julia Ordway, Alexis Ordway (Front right) Autumn Harrison, Shelby Thorman.



Celia Melanson having a great time on the sliding hill!



Celia Melanson, & Brittany Field.



Rebecca Morin showing off her necklace.



Back to front Jake Chiasson, Adler Souther, Harrison Connors.



Anna and Skye rockin' it on the Wii with Just Dance 2.



Mercedes, Savanah and Skye play Just Dance 2.

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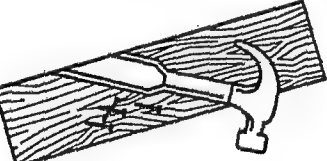
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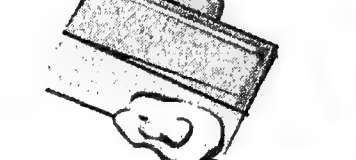
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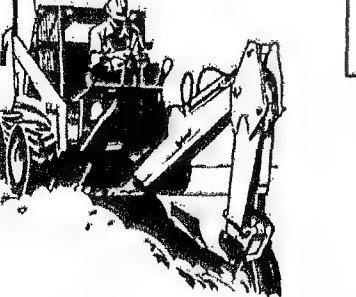
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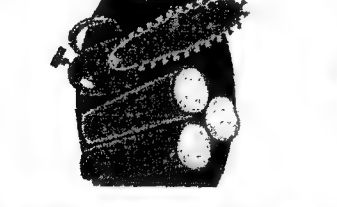
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LOG HOMES

Albany

By SHEILA DYKE



Greetings and hello from Albany Township! Wow! The weather pattern really can't make up its mind, can it? We've had some wonderfully almost spring-like days, and then we're back to very, very cold the next.

I know I've been remiss in my column duties. It's either so quiet around here (not complaining) that I forget, or I also forget what day it is. Being home, even after two years, still is different for me. Dyana made the dean's list last semester. While we're all proud of her here, her response was "it's just a line on a resume." While that may be true, we're still proud.

We, hope that everyone out there, is managing to remain warm and safe this winter. There have been a few times we've watched ambulances drive, past our house, with their lights on. While the road crews are doing a wonderful job, please take care on the roads. Especially with the fluctuating temperatures, the roads are not always reliable. Best wishes for a happy and safe week. God Bless and Keep.

Bryant Pond

by ALICE HOYT

Sympathy is extended to the family of Edith Deegan.

Services at the Baptist Church are Sunday school at 9:15 a.m., morning worship at 10:30 a.m., evening service at 6 p.m. Wednesday evening is prayer meeting. Events in March: pie contest, date to be announced; March 5 youth activity at 4 p.m., March 12 men's prayer breakfast in Fellowship Hall at 7 a.m.

The Woodstock-Greenwood Senior Citizens met at the Town Conference Room on Thursday, Feb. 3. A potluck dinner was held and Michelle and Clint Myers spoke. They told about the culture in Abu Dhabi, where they are working for a few years. Everyone found it very interesting. Next meeting in March will be at Ledgeview Nursing Home - dinner put on by Ledgeview

Auxiliary. Program is Hugh Swan talking about hobos. The Franklin Grange hopes to start their meetings again in March if weather permits. The Woodstock Historical Society hopes to start their meetings also in March.

Upton Historical Society news

The next meeting of the Upton Historical Society will be Sunday, Feb. 20, 12:30 p.m. at the Upton Ladies Aid Building.

Agenda: treasurer's report, secretary's report, follow up on copier progress with attorney.

I remember, years ago, seeing an old Caterpillar tractor with a v-pow and wings stored in the old town shed. I have found the following references in past Upton town reports:

1947 Selectman's Report: snow removal equipment, expended to Portland Tractor Co., \$5,541.49.

1964 Town Warrant - Art. #21 to see what action the Town will take regarding the town Caterpillar tractor and plow attached.

1965 Treasurer's Report: there is an item under accounts received "Raymond Akers - tractor \$900.00."

If anyone has any pictures, documents, or information regarding the tractor, that you would like to share with the Historical Society please bring them to a meeting or mail them to Upton Historical Society, 367 Back Street, Upton, Maine, 04261. e-mail: uptonhistorical@gmail.com.

Bethel Library to host workshop

The Bethel Library will host a workshop on caregivers run by Anna Quinnland. The workshops will be every Wednesday from 2 to 4 p.m., beginning on March 2 and running through April 6. For more information, call the library at 824-2520.

The library has recently added the following books to its collection:

Adult Fiction: "A Lonely Death" by Charles Todd,

"The Empty Family" by Colm Toibin, "Foreign Bodies" by Cynthia Ozick, "Red Herring: A Joe Gunther Novel" by Archer Mayor, "True Grit" by Charles Portis, "The Sherlockian" by Graham Moore, "Three Seconds" by Anders Roslund, "The Death-Defying Pepper Roux" by Geraldine McCaughrean, "So Much for That" by Lionel Shriver, "The Best Laid Plans" by Lynn Schnurberger, "What the Night Knows" by Dean Koontz, "The Irresistible Henry House" by Lisa Grunwald, "Clara and Mr. Tiffany" by Susan Vreeland, "Winter Bloom" by Tara Heavey, "Secrets to the Grave" by Tami Hoag, "To Have and to Kill" by Mary Jane Clark, "This Glittering World" by T. Greenwood, "The Lightkeepers Bride" by Colleen Coble, "The Lake of Dreams" by Kim Edwards, and "The Bells" by Richard Harvell.

Adult Non-Fiction: "Charlie Chan" by Yunte Huang, and "Bootleggers, Lobstermen, and Lumberjacks" by Matthew Mayo.

Junior and Easy Reader: "Bink and Gollie" by Kate DiCamillo, "Is Your Buffalo Ready for Kindergarten?" by Audrey Vernick, "It's a Book" by Lane Smith, "Mirror Mirror" by Marilyn Singer, "Miss Brooks Loves Books (And I Don't)" by Barbara Bottner.

Bethel Senior Citizens meet

The Bethel Senior Citizens Club met Feb. 9 at the Funky Red Barn for their meeting and luncheon with 44 members present. President Caroline Gould opened the meeting with the salute to the flag and members sang "My Country 'Tis of Thee" followed by a prayer by Caroline Gould.

The door prize was won by Sandra Gunther and the 50/50 raffle by Beverly Tuttle; another drawing was held and Alta Smith won a pillow.

The next meeting will be March 9 at the Methodist Church and will be a potluck dinner. Members will bring a hot dish, salad or dessert to share. There will also be the auction. Members will bring items for this. Meeting starts at 11 a.m.

A drawing was held for

those who participated in the silver savers program with the following winners: Alma Merrill, Elizabeth Gilbert and Barbara Patterson.

Members who had birthdays in January and February gathered around the cake and everyone sang Happy Birthday and a picture of the group was taken.

Sandra Gunther spoke of a group called "Mending Hearts" which meets in Norway. Medical issues are discussed, heart problems, diabetes, and exercise programs as well as other subjects. For more information you may call Sandra.

Rosabelle Tift announced the World Day of Prayer will be March 4 at the Lady of The Snows Church at 11 a.m. Area churches will participate.

February birthdays are: Donald Brooks, Barbara Mahler and Barbara Patterson.

Mundt-Allen Legion meets

The regular meeting of Mundt-Allen Unit 81 was held on Tuesday, Feb. 8. Thanks were extended to Neta Littlefield and Pat McCartney for their assistance in house cleaning and organizing the kitchen, and they, along with Edleen Winslow, for providing snacks for the Maine Handicapped Skiing Veterans/No Boundaries Program. The Post voted to make a donation toward fruit for the participants.

Correspondence received included a sponsorship opportunity for a golf tournament supporting our veterans to be held at the Fairlawn Golf Course in Poland on Aug. 24 and a request for volunteers to help stuff envelopes and make reminder calls of patient upcoming visits at the Veterans Outreach Clinic in Rumford. If anyone has the time and is interested in assisting at the clinic, they are encouraged to call Sheila Glover at the clinic (369-3200). It was announced that the fee for sponsoring a girl to attend Girl State will increase to \$275 and that during this year's session Nora Thombs would be honored for her many years of service as its director. This reception will be held June 19 at 10:30 a.m. at Husson College and is open to the public.

Donations of children's knitted items and backpacks were solicited for Maine's Foster Care program. If anyone in the community wishes to help provide items for this program, they may be dropped off at Brooks Bros.

The next County Council meeting will be held March 16 in Norway for the purpose of election of new officers for the ensuing year. The next Post and Unit meeting will begin with an Oyster Stew supper at 6:30 p.m., prepared by Brian Strickland, and will observe The American Legion Birthday. An alternative meal selection of lasagna and salads will also be available.

During the Auxiliary business session, Tina Roberge graciously volunteered to teach members how to assemble a baby shower cake containing items to be given to a pregnant woman veteran who is currently homeless at Togus.

Members are reminded that as a fundraising event the Unit will hold a Bake Sale at the Bethel Foodliner on Sunday, Feb. 20 at 8:30 a.m.

Chamber of Commerce seeks nominations

The Bethel Area Chamber of Commerce is pleased to have the opportunity each year to recognize deserving community servants, a Bethel area business that has made significant strides in the past year, a Forest Products Industry entrepreneur, four excellent employees who have made extraordinary contributions to their workplaces and three graduating students and a new award this year, the "Rising Star Award."

The Awards Committee is seeking nominations for these awards. Anyone may submit a nomination, although the employee awards must be done by the individual's employer or supervisor. Nomination forms, as well as descriptions of the individual awards, are available at the Chamber of Commerce office, or by calling 824-2282. Nominations are open until April 1 and should be sent to Annual Awards,

c/o Bethel Area Chamber of Commerce, P.O. Box 1247, Bethel, ME 04217.

For the benefit of those individuals unfamiliar with this process, recognition is given through the following awards: Henry H. Hastings Award for Citizenship, The "Rising Star Award," The Lifetime Achievement Award, Forest Products Industry Award; Public Service Award; Non-Profit Leadership Award, Rocky Freda Memorial Award and Business of the Year Award. We are also seeking nominations from business owners & managers to recognize deserving employees in the following award categories: Hospitality Employee of the Year, Retail & Service Employee of the Year, Ski Services Employee of the Year, and Education Employee of the Year. Please contact the chamber office for any questions regarding the awards criteria.

The individual nominating should plan to be at the event for the presentation and supporting their award recipient, and we do have an Emcee in light of the fact that many people do not like to speak in front of a crowd.

On May 6, the 42nd Annual BACC Awards Dinner & Silent Auction will be held at the Grand Summit Hotel at Sunday River. All are welcomed to attend. The cost is \$39 per person for a complete buffet dinner. Table sponsorships are available at \$325 for groups of eight. Call 824-2282 for reservations or information.

Duplicate Bridge

Oxford Hills Duplicate Bridge Club met Friday in Oxford. A 4 and 1/2 table Howell movement was enjoyed. Finishing first in flight A were Priscilla Rooth (Brunswick) and Hazel Glazier (Norway) who also were first in flight B.

Second in flight A were Pete Cummings (South Paris) and Dick Allen (New Gloucester), third were Marta Clements (Woodstock) and Les Buzzell (Auburn), 4th were Carol Curran (Bridgton) and Barbara Vanderzanden (Waterford) who also were second in flight B.

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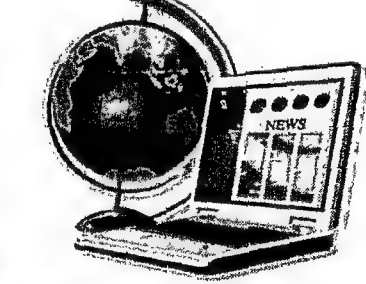
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BHS acquires microfilm

Thanks to the generosity of Bethel Historical Society life member Christopher Hovey of Falmouth, plus two anonymous donors, the society has begun to acquire 26 rolls of microfilm containing issues of the Portland Transcript newspaper dating between April 1837 and March 1899.

An important Maine paper founded in 1837, the Transcript contains considerable information on Maine Mormonism, railroads, historical figures and town developments. In addition, Dr. Nathaniel T. True, Bethel historian and Gould Academy principal, frequently contributed articles describing and promoting western Maine.

The society is pleased to have already raised nearly \$400 toward the total cost of \$1,768 (26 rolls at \$68 each).

"We are of course, delighted and grateful to have this resource to add to our offerings for researchers," Executive Director Randall Bennett said in making the announcement. "It will be of great assistance in helping us understand the early Mormon presence in Maine (and notable in the Bethel area), as well as all kinds of other topics that may become the subject of future programs and exhibitions," he added.

Once acquired, the Portland Transcript collection will supplement those newspapers already in the Bethel Historical Society's research library holdings, including the Bethel News, Bethel Citizen, Oxford Democrat, Oxford Observer, Norway Advertiser, Among the Clouds, and the Advertiser-Democrat.

The society welcomes donations in any amount toward the cost of this worthwhile project. Since the Bethel Historical Society is a 501 (c) 3 organization, financial gifts are tax deductible to the fullest extent allowed by law.

Joshua G. Rich
Joshua G. Rich, a Western Maine "pioneer," hunter, trapper and prolific wildlife writer, is the subject of a new book by Professor William B. Krohn, a wildlife biologist with the U.S. Geological Survey based at the University of Maine, who quotes Rich with the following recollection:

"Now I am more than 70 years old and as I look back over my woods life, of forty years, it makes me tremble as I think of the narrow escapes and great perils I have been through by night and by day, in winter and summer, on water and under water, on mountains and in swamps, starving, freezing, overcome by heavy loads and long trams, rain storms, snow and sleet, in the night time as well as day."

An adventuresome early settler in western Maine, J. G. Rich was born in New Sharon, Maine, in 1820, the same year Maine became a state. As a young man, he moved his growing family to the Rangeley Lakes area where he found the waters teeming with fish, and the forests rich with wildlife.

Rich supported himself and family by trapping, guiding, and farming. He sold his winter catch to fur traders and his scientific specimens to Harvard University. Rich owned and operated a hotel, a general store, and an early - if not the first - fishing resort on the Rangeley Lakes.

Always willing to change with the times, Rich transitioned from being a professional trapper to a trial justice for Oxford County, a pension agent for Civil War veterans, a correspondent for many newspapers, and Bethel's humane officer. He and his wife, Mary Noble Rich, are buried in Bethel's Woodland Cemetery.

In this just-released book, "Joshua Gross Rich (1820-1897): The Life and Works of a Western Maine Pioneer and Wildlife Writer, Professor Krohn describes the life of one of Maine's most notable woodsmen.

As readers quickly will discover, Krohn has pulled together Rich's beguiling life story through an exhaustive search of source material, including the archival, research library and museum collections located at the Bethel Historical Society. Among the illustrations featured in the book are portraits of J. G. Rich and his first wife, Mary Noble, which are owned by the Bethel organization.

Designed for folklorists, historians, naturalists, anglers, hunters, trappers, and anyone interested in Maine's civil and natural histories during the 19th century, this new book begins with a biographical sketch of Rich, followed by six of his articles that include

a description of his life as an early settler, detailed observations about the region's brook trout, and an intriguing story about a lost cave. Included also is an annotated bibliography of Rich's published works and a computer analysis attempting to relocate Rich's cave. The book, which is available from the Bethel Historical Society's Museum Shop, has 209 pages, 27 black and white illustrations, and one color map. The softcover edition sells for \$29.

Founded in 1966, the Bethel Historical Society is western Maine's largest and most comprehensive historical agency. With over 1,000 members, the society fosters a sense of place - with a focus on western Maine and the White Mountain region - by collecting, preserving, displaying and interpreting historically significant artifacts and documents for residents, visitors, students, and scholars. Through its exhibits, programs, events, and publications, the society makes the region's history meaningful, accessible, and enjoyable.

In 1974, the society acquired the former Broad Street residence of Dr. Moses Mason, which now contains a period house museum, exhibit hall and research library.

For more information: 824-2908 / (800) 824-2910 / info@bethelhistorical.org.

Lincoln Day Dinner set

The Oxford County Republican Committee will hold their annual Lincoln Day Dinner at the Four Seasons Function Center, 187 Maine Street, South Paris on March 5, 2011. Social hour will start at 5:30 p.m. followed by a wonderful meal. Senator Olympia Snowe will be the keynote speaker. Entertainment will be provided by the Tony Boffa Band to dance the winter blues away. Come Join us for a wonderful evening of conservative conversation and celebrate the Republican victories of this past election cycle. Their will also be a silent and live auction to enjoy, so don't miss what is sure to be the best night out this winter. For tickets please contact: Loretta Mikols by calling 875-2229 or e-mail republic@earthlink.net, or Wendy Turner at 336-2817 or e-mail woodwitch1@yahoo.com.

Woodstock polio survivor tells her story

By Lynn Arizzi, Bethel Rotary Club

"You will walk!"

Pilar Noriega Bates, age 15 at the time, recalls the words of the gentle and positive doctor who lifted her spirits after she had been stricken with polio. The staff at the polio hospital in Montevideo, Uruguay, had told her that she would never walk again.

Even though she could not walk at the time, her doctor made sure that she attended ballet classes to visualize and internalize the moves in this dance she had practiced and loved. This spurred her determination to someday walk again.

Pilar Bates of Woodstock was born in Edinburgh, Scotland, to a diplomat father. While he was serving in Spain, he was assassinated by order of Franco. To avoid death themselves, Pilar and her mother were spirited away to Uruguay, where her mother had relatives.

Pilar's mother believed she should give her daughter every opportunity for education. Pilar attended a German school, the Alliance Francaise, and Crandon (a Methodist missionary school). She was also an avid student of ballet.

From these experiences she grew an interest in languages and the arts. Pilar spoke

German, French, Spanish and English. She also learned Portuguese from the Brazilian maids in her home.

Pilar's mother was extremely ill at the time Pilar was stricken with polio, yet she managed to help her to the ambulance. Her saddest memory in the polio hospital happened one afternoon when she was wheeled out onto the hospital veranda to enjoy the sun and the view of the mountains.

Her joy was short-lived when she saw a hearse drive by. She was positive it was her mother's hearse and horrified to see that there were no flowers. "Not one flower."

As Pilar sat there in the wheelchair, her unfeeling aunt arrived with a shopping bag containing Pilar's platform shoes with black straps and cork soles and a black and white taffeta dress.

She simply told Pilar, "Your mother is dead."

Pilar stayed in the hospital



PILAR BATES

for six months. Most of her visitors at the hospital were not relatives but students and staff from the Crandon School. Pilar herself remembers visiting and talking with polio patients in the iron lung wing.

When polio strikes it can cripple a person's lower limbs or affect their respiratory system. In the past when the lungs were affected patients were placed in iron lungs, long tubes which helped them breathe. Only the patient's head could be seen out-side of the tube on a supported pillow.

When Pilar left the hospital she went to an apartment in her mother's house, which was now owned by her cousin. She walked with specially designed crutches. She remembers the "click" of her aunt opening and closing the shutters as she watched her in the garden. Pilar continued her education at the Crandon School. Because of her fluent language skills, she was often asked to interpret when dignitaries visited from other countries. After completing her education at Crandon, she was sent on scholarship to Adelphi College in New York.

Because of her strong ties with the Crandon School, she often brought supplies to them from the States by merchant ship.

It was in New York that she met her first husband, Vernon Lawrence, a merchant marine. They had two children, Monica and Michael. While her husband was at sea, she lived in Hempstead, N.Y., in what she called "her beautiful blue house."

After her divorce from Vernon, Pilar became a Sweet Adeline.

While planning concerts for

this group she met and fell in love with Jack Bates, who was a stage manager and sang with a men's quartet. He became her second husband.

Pilar and Jack had one daughter, Eloise, and lived in the original Levittown, N.Y.

They often vacationed in Rangeley, Maine and finally moved there when they retired. Pilar was extremely active in community events and politics, and was often referred to as "Mrs. Rangeley."

As time passed post polio syndrome affected this wonderful and active woman. In Rangeley, Jack and Pilar had a two-story house. The only way she could descend the stairs was to turn around and back down the stairs.

Her quadriceps, the muscles on the top of the thigh, could no longer support her. Many times while just standing, Pilar would fall when her legs gave out. Injuries to other parts of her body followed.

Eloise decided her parents needed to be closer to her. Eloise and her husband Norman Lewis built what Pilar calls "a mother-daughter house" in Woodstock. The apartment for Pilar and Jack was all on one floor.

Pilar continues to be extremely active in the community, sometimes volunteering to teach arts and crafts at Crescent Park Elementary, teaching in the Western Mountains Senior College and pursuing her photography hobby. Her picture of a rain-bow over the mountains behind her home is a work of art.

This charming woman's spirit has helped her in her lifelong survival from the polio virus.

Although there are no longer active cases in the United States, many people suffer from post polio syndrome, which weakens their muscles and may eventually take away their ability to walk.

Four countries in the world still have active cases - Nigeria, Afghanistan, Pakistan and India. Rotary clubs all over the world, together with Bill and Melinda Gates, are working to eradicate this disease through immunizations. Even with the eradication of polio, post polio syndrome will be with us for years and years to come.

Community Calendar

Indoor Winter Walking at Telstar Regional High School: Monday-Friday, 6:15-7:15 a.m. and 2:30-7 p.m.

Thru Mid-March

10 a.m. to 5 p.m. - **McLaughlin Garden** open Wednesday-Saturday thru winter months and closed Sunday-Tuesday. FMI: 743-8820 or www.mclaughlingarden.org

Thursday, Feb. 17

6 p.m. - **Community Supper** at Wilkins Community House, Plummer Hill Road, Watford. Bring dish to share. FMI: 583-6677.

Friday, Feb. 18

4 to 5:30 p.m. - **Western Mountains Senior College** presents Linda Greenlaw, famous Maine sea captain of "Perfect Storm" fame, at McLaughlin Science Center, Gould Academy. Open to public at no charge. Following, Greenlaw at Mill Hill Inn to sign copies of her books, including "Recipes from a Very Small Island."

5:30 p.m. - **Community Potluck Supper** at First Universalist Church, Main Street, West Paris. No charge, bring dish to share. Game night. Bring board game or card game and enjoy.

Saturday, Feb. 19

9 a.m. - **Windy Valley Snowmobile Club** Herb Kittredge Memorial Ride departs Bear River Grange Hall.

9 a.m. to Noon - **SWOAM** (Small Woodland Owners Association) workshop on GIS mapping. Features include boundaries, brooks and streams, timber types, roads and trails, deer yards, potential or actual harvest areas, etc. Place: Oxford Hills Comprehensive High School, South Paris. Free and open to public. FMI: Bill Haynes 583-2963 or e-mail forest@maine.com or Merle Ring 441-3276.

11 a.m. - **First Norway Exile Snow Shoe 5K and 10K** snowshoe races at Roberts Farm Preserve. Cost: \$15/or \$20 on site registration (9 to 10:30 a.m.). FMI: www.wfmaine.org.

2 and 7:30 p.m. - **Oddfellow Theater**, Buckfield, presents Juggling and Physical Comedy. Tickets: \$8 all ages (matinee) and \$14 adults, \$12 seniors, \$8 children 12 and under (evening). FMI: 336-3306 (Box Office) or visit www.oddfellow.com.

5 p.m. - **Landowner Appreciation Supper/Oyster Stew/Spaghetti**, Bear River Grange Hall.

5:30 p.m. - **Italian Buffet** at Upton Ladies Aid Building.

7 to 10 p.m. - **Dance to Jones Dance Band** at South Paris Legion Hall, Church Street. Cost: \$5 for adults. Lunch counter open.

Saturday and Sunday, Feb. 19 and 20

10 a.m. to 6 p.m. (Sat.), 10 a.m. to 4 p.m. (Sun.) - **21th Maine Home, Remodeling and Garden Show** (www.homegardenshow.com) at Cumberland County Civic Center, Corner Spring Street and Center Street in downtown Portland. Admission: \$8 adults, \$6 seniors (over 65), \$5 youth ages 6 thru 16, children under 6 free. FMI: (866) 295-6438.

Feb. 19 and March 19

10 a.m. to 3 p.m. - **Heartsaver CPR and First Aid classes** at Oxford Public Safety Building. Certification in one day only - accepted for day care, foster parents, Maine guides, forestry, and non-healthcare position. FMI: Patty 671-4460 or pluked@yahoo.com

Sunday, Feb. 20

8:30 a.m. on - **Food Sale** at Bethel Foodliner, sponsored by Mundt-Allen Unit 81, American Legion Auxiliary.

12:30 p.m. - **Upton Historical Society meeting** at Upton Ladies Aid Building.

Annual Valve Cover Race sponsored by American Legion Riders of American Legion Post 24, 184 Congress Street, Rumford. Open to public. Entry fee: \$7. FMI: Ed Ellis, director, American Legion Riders (357-6437).

5:30 p.m. - **Mt. Abram Family Night**. Torchlight parade and Spaghetti dinner. FMI: e-mail skiclub@skimtabram.com.

Monday, Feb. 21

Senior Citizen Dinner at Gould Academy Ordway Hall sponsored by sophomore class.

Tuesday, Feb. 22

7 p.m. - **Black Diamond Entertainment Series** presents Jason Bishop, magician, at Grand Ballroom of Grand Summit Hotel, Sunday River. Tickets: adults advance \$6/door \$8, 12 and under \$4/\$6, age 5 and under free. Advance tickets available at Sunday River Welcome Center, Grand Resort Hotels, Snow Cap Inn or call (800) 543-2SKL.

Tuesday, Feb. 22 and Wednesday, Feb. 23

MBA Class B State Championships at Mt. Abram Resort (875 5000) or e-mail info@skimtabram.com.

Tuesday, Feb. 22 and Thursday, Feb. 24

8 a.m. to 3:30 p.m. (Tues.) 8 a.m. to 4 p.m. (Thurs.) - **Safe Sitter Class** at Harper Conference Center, Stephens Memorial Hospital, for 11 to 13 year olds. Cost (for two-day class): \$50. Scholarship (\$15) available on request. FMI: 743-5933 Ext. 380. Online registration www.wmhcc.org.

Tuesday, Feb. 22 and Friday, Feb. 25

11 a.m. to 1 p.m. - **Ice-climbing talks and demonstrations** on Ice Tower hosted by Bob Barabau and Jim Sysko. All welcome. Event weather permitting. FMI: www.bethelwinterfest.com or call Bethel Area Chamber of Commerce at 824-2282.

Tuesday, Feb. 22, March 1, 8

6 to 8 p.m. - **Introduction to Beekeeping** at U-Maine Cooperative Extension Oxford County, 9 Olson Road, South Paris. Cost: \$30. Pre-registration, fee, name, address required by March 1. FMI: Lesley Quick 743-6329 or e-mail mailto:lesley.quick@maine.edu.

Feb. 22 and March 15

6:30 to 8:30 p.m. - **Healthcare Provider Re-Certification** classes at Oxford Public Safety Building. FMI: Patty 672-4460 or pluked@yahoo.com

Wednesday, Feb. 23

11 a.m. to 1 p.m. - **Family Run Race** at Sunday River in Race Arena at Barker Mountain. Open to skiers of all ages. \$5 p/p for SRSSC members and \$15 p/p for non-members. Food served after race. FMI or to register: http://sundayriverandsnowboardclub.camp8.org/www.srssc.com/Events.

4:30 to 6:30 p.m. - **Community Supper** (no charge) at Bethel Alliance Church, 251 Walker's Mills Road (across from Telstar parking lot). FMI: 824-2289.

Friday and Saturday, Feb. 25 and 26

7:30 p.m. - **"Jesus Christ Superstar"** by Hebron Academy Players takes place at Androscoggin Theater, LePage Center for the Arts, Sargent Gymnasium. Free and open to public. Doors open 7 p.m. FMI: jmiddleton@hebronacademy.org.

Saturday, Feb. 26

9 a.m. to 2 p.m. - **Yard Sale** at American Legion Post 72, Church Street, South Paris., 50/50 tickets, Lunch counter open. **24th Annual American Lung Association Joy of Skiing** at

Sunday River Outdoor Center, Newry, for skiers and snowshoers. Dine along the trail, a Progressive Picnic on trail to covered bridge. Pre-registration \$6 or \$7 day of event, ages 6 to 12 and seniors 65 and older \$4, kids 5 and under and those 80 and older are free.

7 p.m. - **ARTironadack Chair Auction** to benefit Mahoosuc Arts Council. Ride Chondola to North Peak Lodge for one-of-a-kind dining experience and special auction. Cost: \$79 p/p. Reservations required (824-5076) or call 824-3575 for phone bidding or more info. To view image of chairs: www.mahoosucarts.org.

February 26, March 26, April 9

Yard Sales - American Legion Post 72, Church Street, South Paris. Tables, \$10. each. Call Jean Britton 739-2236.

Monday Feb. 28

Essentials of College Planning free workshops at South Paris Career Center, 232 Main Street. FMI or to register: (800) 281-3703 or visit <http://mecc.maine.edu>.

6:30 p.m. - **Waterford Library** bridge group (for location and more info call 583-2729 as library closed Feb. 28-March 6). No partner necessary.

Tuesday, March 1

7 p.m. - **Black Diamond Entertainment Series** presents Mad Science at Grand Ballroom of Grand Summit Hotel, Sunday River. Tickets: adults advance \$6/door \$8, 12 and under \$4/\$6, age 5 and under free. Advance tickets available at Sunday River Welcome Center, Grand Resort Hotels, Snow Cap Inn or call (800) 543-2SKL.

Thursday, March 3

5:30 to 7 p.m. - **"Raising a Healthy Child"** seminar at Harper Conference Center, Ripley Medical Building, Norway. Free. Registration required. FMI or to register: (866) 609-5182 or visit www.wmhcc.org.

Friday, March 4

Becky Shaw Ski Day at Black Mountain of Maine, Rumford. Proceeds from both regular lift tickets and "Becky tickets" to Rebecca Shaw Paraometric Education Fund. First year event at Black Mountain. Shaw died in a car accident in 2003.

11 a.m. - **World Day of Prayer** at Our Lady of Snows Catholic Church (snow date, Fri. March 11). Luncheon follows. Theme: "How Many Loaves Have You," a service written by women of Chile calls for us to share our gifts for the good of all. Anyone interested invited to join us for this Ecumenical Service.

Saturday, March 5

10 a.m. to 6 p.m. - **NRA Basic Pistol Course**, indoors at Lake Thompson Fish and Game, Oxford. \$125 per student includes lunch, books, firearms, ammunition. FMI: 739-9774 or e-mail westernmainepropertyprotection@yahoo.com

5:30 p.m. - **Oxford County Republican Committee** Lincoln Day Dinner at Four Seasons Function Center, 187 Maine Street, South Paris. Senator Olympia Snowe keynote speaker. Silent and live auction, band. Tickets: call Loretta Mikols (875-2229) or e-mail republic@earthlink.net or Wendy Turner (336-2817) or e-mail woodwitch1@yahoo.com.

Sunday, March 6

SAD 17 and RSU 10 Free Ski Day at Sunday River Ski Resort. \$10 lift ticket/\$10 rental/Adult learn to ski/ride clinic/50 percent food and beverage discount.

Monday, March 7

5:30 p.m. - **Potluck Supper/Newry Town Meeting** (7 p.m.) at Newry Grange Hall.

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FOR SALE
BLACK BEAR FIREWOOD COMPANY NOW SERVING BETHEL AREA! Green mixed hardwood special until April 1st. Cut, split, delivered \$610 per cord, two cord minimum. Call 743-2836

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FOR SALE: OLD OAK ROLL TOP DESK. \$500. 824-2336

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WOOD: DRY, ALL NATURAL PURE WOOD in convenient bags for your fireplace or woodstove. Stop by Saunders Brothers in Locke Mills to stock up. Cash and carry, \$5.00 a bag. 875-2025

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MOVING SALES
MOVING SALE: February 19 & 20 9-4:30 at 61 Rumford Avenue, Bryant Pond. Couches, dining room set, computer desk & misc.

WANTED
Antiques/collectibles: Estate/one item. FREE estimates. Call Mike or Louanne RUMFORD CENTER ANTIQUES, INN

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Bethel Dunkin Donuts is now accepting applications for Customer Service Representatives. Apply within or call Natasha after 10 AM at 783-0408

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TOWN OF BETHEL COMMITTEE VACANCIES
The Town of Bethel is seeking volunteers to serve on various town committees. Persons interested in serving on the committees listed below should submit an application form to the Town Office. To obtain an application form go to our web site www.bethelmaine.org, call 207-824-2669, pick up from the Town Office, or email us at info@bethelmaine.org. All applications must be received by noon Monday February 28, 2011.

Committee	Number of Vacancies	Length of Term (Years)
Planning Board	1	2
Ordinance Review	3	1

CommunityConcepts
helping people changing lives
Lead Preschool Teacher in Rumford
Our Chisholm Center in Rumford has an opening for Lead Teacher, 33 hours/week, 37 weeks/year.
Duties: curriculum planning and implementation of activities; both structured and unstructured which meet the intellectual, social, emotional and physical needs of children; helping with the proper care, cleanliness and maintenance of the center, both inside and out; writing observations, conducting ongoing assessment of individual children; developing and updating Developmental Plans; participating in case conferences and applicable networking meetings; collaborating with related service providers and consultants; maintaining files & updated documentation on children.
Qualifications: A.A. or B.A./B.S. degree in Early Childhood Education or a closely related field; experience in an early childhood setting required; previous supervisory experience preferred; excellent verbal & written communication skills; considerable stamina is needed to regularly lift, bend, carry and perform other high-energy activities; physical exam, TB screening and background checks are completed upon hire; valid driver's license & automobile with liability insurance required.
Benefits: health and life insurance, short-term & long-term disability insurance, accident and critical illness coverage, paid vacation and sick time, paid holidays, 403(b) pension plan with company match, and more.
FMI: please call Doreen Madore at 739-6555 or visit www.community-concepts.org.
To Apply: Interested, qualified applicants must submit a cover letter, resume and Community Concepts' Application for Employment (available at our business sites and on our website). Send all required materials to:
Community Concepts, Inc.
Attn: Julia Herrick, Human Resources
PO Box 278, South Paris, ME 04281
Community Concepts, Inc. is an Equal Opportunity Employer.
Please request any necessary accommodations to participate in the application process.

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Building Lot for Sale 1 acre + or - Walk to Mt Abram Skiing. \$33500 Call 207-450-5752

BUILDING ON COMMON
FOR SALE. Residential and commercial. 207-514-3900

CHALET FOR SALE in Sunday River's Viking Village. 700 feet to Roadrunner trail 31 Viking Village Road, Newry. Call 207-824-2315 for more info.

CHOICE HOMESITES WITH MOUNTAIN VIEWS and/or among tall pines in Bethel, Norway, Harrison. Ted Chadbourne. 207-829-6384 or e-mail: ted.chadbourne@gmail.com

DAYTONA BEACH, FLORIDA: Mobile home for sale. Over 55 park, lots of amenities, close to beaches and shopping. Home remodeled, fully furnished. Must-see! \$5,000. 386-562-7064

WATERFORD: 5 acre lot at Settler's Knoll. Ideal location for year round or seasonal

homes. Paved road and power. Covenant protection. \$65K. Tel: 207-743-8703, www.landme.com

STORAGE SPACE FOR RENT
STORAGE, UNITS, BETHEL: New 7'x12' w/7x7' loft, \$70/mo. 5'x7' w/5x4' loft, \$40/mo. 207-824-3919 weekdays, or cell: 207-595-0079 weekends.

RENTALS
1 BEDROOM APARTMENT \$550 per month plus utilities. In-town Bethel. Washer/dryer hook-up. Seasonal price available. 207-781-5549.

2BEDROOM, gorgeous views, hot tub. Available April-November, price negotiable, 400-6227, Dream Realty.

BETHEL VILLAGE: Cozy 3 bedroom ski house. Professional persons or family up to 4. Fully furnished, great location. Call 207-824-2340 (seasonal or year-round)

CHALET RENTAL: Sunday River Viking Village. 31 Viking Village Road. 700 feet to Roadrunner trail. 207-824-2315.

ELDERWOOD MANOR, Andover: Ground floor apartments for rent. \$530 1-b, \$555 2-b, or according to one's income. \$88 deducted from rental income towards utilities, which is a plus. Rent covers snow removal, garbage removal, repairs. 62+ or handicapped. NO

SMOKING in any building. Equal Housing Opportunity. 392-2241.

FOR RENT by season, week, weekend, year. 2 bedroom furnished apartment. 1 block from Main Street, Bethel. Cathy 205-1268

For rent: 3 bedroom, 1 bath home W Bethel. Year round rental. Semi furnished, all appliances including w/d. Two wood stoves, large den, living room, dining room, eat in kitchen. \$750 per month plus utilities 508-277-5109

FOR RENT: Nice selection of long term, vacation, seasonal rentals available. Bethel/Sunday River area. Now accepting properties for the upcoming season. Please contact Mahoosuc Rentals, 207-824-2771 or www.mahoosucrentals.com

Four bedroom furnished farmhouse apartment, includes heat, TV in each room, wireless internet, parking, washer/dryer. long or short term. 15 minutes from Sunday River Rd. 207-364-8607.

FURNISHED WATERFRONT, Twitchell Pond. 3 bedrooms, full bath, fireplace, sunporch, deck and dock, great views. Private, easily accessible, price negotiable. Available April-June and/or September-June. 836-2422 days, 665-2539 evenings.

GORGEOUS IN-TOWN 2 or 3 bedroom furnished apartments available. Daily, short-term, or for the season. Call (207) 824-8060.

HOUSE FOR RENT: 23 Pleasant Road, Greenwood. Back looks up at Mt. Abram. 3-bedroom-2 bath, 1 storage room, large screened-in porch and deck, stone fireplace-newly remodeled-very cozy. Call Nancy, 207-333-9525 available March 1st.

IN-TOWN, CENTER OF BETHEL: SUITE Apartments for rent, large 1 and 2+ bedrooms, nicely furnished, SEASONAL, no smoking, no pets. \$4,500-\$8,500/season. 381-1001

LARGE ONE-BEDROOM located on lower Main Street. Immaculate, large kitchen, dishwasher, washer/dryer hook-up, plenty of closet space. No pets, no smoking. 1 year lease. \$675/month, heat included. 824-4836

LOG HOME IN HANOVER: Quiet location, furnished. 5 minutes from Sunday River. One bedroom. No pets/smokers. 824-3342

New -1 Bedroom Condo - \$550/month. New -2 Bedroom Condo - \$700/month. Rumford Point, 20 min. from Sunday River. In-Ground Pool, Exercise Room, River Frontage. Lease/Security/References/No smoking/No pets. Call 892-7068

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Attn: Jim Matel; or mail to B.H.Y.C. P.O. Box 497 West Boothbay Harbor, ME 04575

PERSONAL PROPERTY SALE OF:
Bruce Cummings
P.O. Box 411
Bethel, ME 04217
Mary Jo Kennett
P.O. Box 269
Bethel, ME 04217
The sale will be held on Saturday, February 19 at 10:00 a.m. at Alder River Storage, Walkers Mills Road, Bethel. Minimum Cash.

PRESIDENT'S WEEK SALE

05 Subaru Outback Wgn. AWD, 4 cyl., Auto, A/C, & More. NOW \$11,425	05 Dodge Magnum Wgn. AWD, 6 cyl., auto, A/C, Leather, Moonroof, More. NOW \$11,950	05 Ford Ranger Ex-Cab 4x4, 6 cyl., Auto, A/C, More. NOW \$11,525
05 Ford Explorer Sport Trac 4x4, 6 cyl., Auto, A/C, Moonroof, More. NOW \$14,925	05 Jeep Liberty Limited 4x4, 6 cyl., Auto, A/C, Leather, Moonroof, More. NOW \$10,950	04 Hyundai Elantra GT 4 cyl., Auto, A/C, Leather, Moonroof. NOW \$5,999
04 Dodge Grand Caravan SXT, 6 cyl., Auto, A/C, DVD, 64K. NOW \$8,199	04 Ford F150 Super Crew 4x4, 8 cyl., Auto, A/C, More. NOW \$17,950	03 Dodge Dakota Quad Cab 4x4, 8 cyl., Auto, A/C, Sport, More. NOW \$7,999
03 Chevy 1500 Silverado w/Plow, 4x4, 6 cyl., Auto, A/C, More. NOW \$9,950	AS LOW AS 2.99% APR Up to 60 Months for qualified buyers. See salesperson for details and qualifications.	
08 Ford F150 Super Crew 4x4 V8, Auto, A/C, Leather, Moonroof, More. NOW \$22,500	09 Ford Focus 4 Door SE 4 cyl., Auto, A/C, More. NOW \$10,950	09 Kia Spectra 4 Dr. EX 4 cyl., Auto, A/C, More. NOW \$9,999
07 Ford Taurus 4 Dr. SE 6 cyl., Auto, A/C, More. NOW \$7,825	07 Saturn Vue 4 Dr., AWD 6 cyl., Auto, A/C, Leather, Moonroof, More. NOW \$10,950	06 Hummer H3 4x4 Luxury 5 cyl., Auto, A/C, Moonroof, Navigation, More. NOW \$17,525

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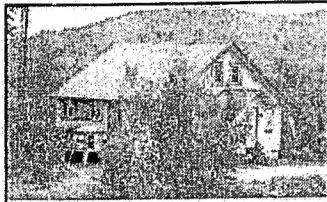
Farwell Mt. Estates
\$315,000



Gilead
\$259,000



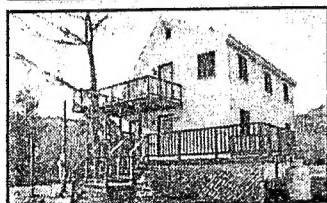
Bethel
\$230,000



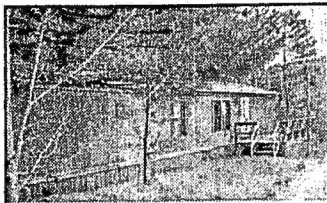
Mexico
\$142,000



Andover
\$159,900



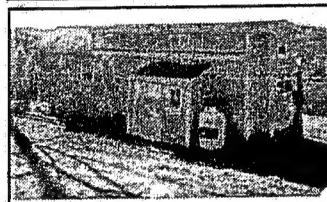
Andover
\$129,900



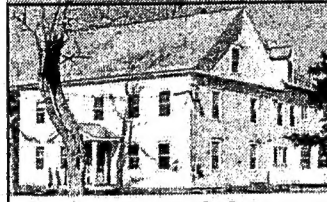
Bethel
\$69,000



Bethel Village
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Woodstock
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West Bethel
\$199,900

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W. BETHEL RD 4BR 1 BATH \$750. MONTH PLUS UTIL PETS OK. HOLLY PLACE 3BR 2BATH \$750 MONTH PLUS UTIL PETS OK. SWAN HILL 3BR & LOFT 3 BATH \$900. MONTH PLUS UTIL. RAILROAD ST 2BR 1 BATH \$850. MONTH INCLUDES MOST UTIL. BARKER RD 4BR 1 BATH \$1200. MONTH INCLUDES ALL UTIL. FOR MORE INFO PLEASE CALL 207-824-0884 OR 824-2114

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MULTI OFFICES INCLUDING RETAIL on Main Street, across from Northeast Bank. Freshly updated interior. \$250 per month and up. Includes utilities, DSL, kitchen, conference room. Scott Smith 592-0569.

Office Space Available - Downtown Bethel - 207 sq ft, private bathroom, ample parking, utilities, office furniture, internet access, yard maintenance and snow removal included, \$400/mo. 824-7096.

SPACE FOR LEASE. Prime Main Street location with parking and great tourist traffic. Join other established businesses at Philbrook Place. Call for more details. 207-824-8060

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All real estate advertised in this newspaper is subject to the Federal Housing Act of 1968, which makes it illegal to advertise any "preference, limitation, or discrimination based on race, color, religion, sex or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertisement for real estate that is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

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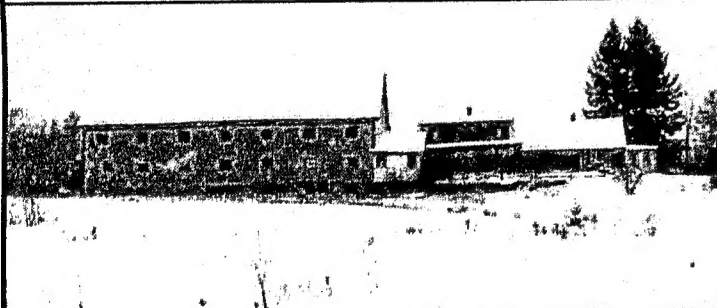
Main Office: 689-9800

dixonrealtykw.com

dixonrealtykw@gmail.com

Real Estate Foreclosure Auction 11-49 Antique Farmhouse and Barn

41 Twitchell Rd., Woodstock, Maine
Friday, March 11, 2011 at 10AM



Real Estate: 2+ acre parcel - 2,141+ sf antique farmhouse designed with (3) bedrooms, (2) baths, kitchen, dining area, living room, den (3) car garage and large 2 1/2 story bard. Reference the Town of Woodstock Tax Map G5, Lot 9.

Preview: Friday, February 25, 2011 from 10-11AM

Terms: A \$5,000 deposit (nonrefundable as to highest bidder) in CASH or CERTIFIED U.S. FUNDS, made payable to the Keenan Auction Company (deposited with the Auctioneer as a qualification to bid), with balance due and payable within 30 days from date of auction. The property will be sold by public auction subject to all outstanding municipal assessments. Conveyance of the property will be by release deed. All other terms will be announced at the public sale. For a Property Information Package containing legal and bidding documents, visit KeenanAuction.com or call Auctioneer's office at (207) 885-5100 and request by auction number 11-49. Richard Keenan #236. Our 39th Year and 5,666th Auction.

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- Walk to all Village amenities.
- 2 Car Garage.
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- Bonus finished room in walk-out basement.

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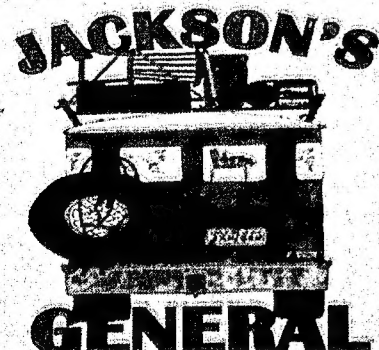
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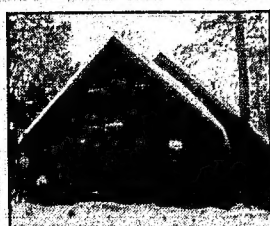


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Four Seasons Realty



Mann Road, Woodstock \$214,000; A wonderful 4BR chalet within walking distance to North Pond and minutes to Mt. Abram & Sunday River Ski & Golf Resort. This is a great location to enjoy all Maine seasons! In the winter months, you have quick snowmobile trail access, a short drive to world class skiing, and you can settle in next to the fireplace for après ski. In the summer walk to the lake or enjoy the many local hiking and biking trails. Bethel's shopping and restaurants are located within ten minutes of this charming chalet set on 1 acre.



English Woods, Bethel \$199,999; Privately located log sided chalet on a beautiful wooded lot with mountain views. 3BR's, 2 baths, stone fireplace, open concept with large deck overlooking the mountain views! Located just minutes from town and Sunday River Ski Resort and Golf Club with easy access to the Androscoggin River make this home a great vacation get-away or an amazing primary home!



Howe Hill Road, Greenwood \$149,900; The perfect vacation & getaway location! This cute and quaint 2 bedroom chalet is in Mt. Abram Ski Village and also not far from local lakes. Just grab your skis, walk out the door, and you're at the main lodge! With newer metal roofing, brick hearth with decorative woodstove for backup heat, and lots of ski village charm, this house is definitely worth a viewing. Give us a call!

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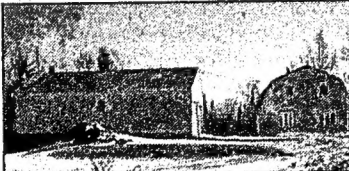
Paris Cape REALTY



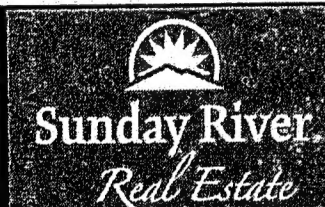
MLS 975743 Albany/Waterford. Affordable 36Ac. farmstead! Charming post and beam cape w/livestock barn and other sheds/storage barn. Wonderful private hillside setting with lovely views. Choice of Telstar/Fryburg/Lovell or Oxford Hills school systems! 18acs in Albany/18 acres in Waterford. \$199,999



MLS 934889 Woodstock. Inviting open concept domed saltbox in lovely private location convenient to Rt. 26 for easy commuting. Only two owners on this pretty dead-end treed lane w/walking trails. Efficient home offers many quality features. Hot tub under back porch. NICE! \$199,900



MLS 1002029 Woodstock. Gambrel style home on 7+ acres. Lovely private setting yet conveniently located between Norway-Paris area and ski resorts. Home offers monitor and wood heat. Walk-out to open deck from nice sunny kitchen. Oversized garage for vehicle and wood storage. Drilled well. \$119,900



From the Village to the Mountains, we specialize in the greater Bethel region - and are the exclusive resource for vacation home living.

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Homes



31 Mammoth Drive, Powder Ridge: This 5-BR/4-bath, 6,900-sq-ft home is turn-key from furniture to linens & dishes. A separate lock-out unit can be rented or used for family & friends. The home also boasts 2 hot tubs, pool with screened outbuilding & dressing rooms, home theater & more. \$1,765,000



Millbrook Townhomes, 602/603: Uniquely designed townhouse on 1st fairway at the Bethel Inn Resort. The 2-BR unit features a lockout master suite with bath, kitchenette, fireplace and patio. Private entrance lets owner rent out a portion of the townhouse while using the other. Furnished. \$304,000



11 Breckenridge Rd, Powder Ridge: 4108 sq. ft. with 15 rooms including 5 BRs & 4 baths. Open floor plan, custom kitchen, large master suite with 2 walk-in closets, 2-story wood burning fireplace, wrap-around cedar deck & stunning views. Interior designer-consulted, fully furnished with decor. \$895,000



Lot 37, The Peaks: Custom-designed, 10-be-built home with panoramic views of Sunday River. A double-sided fireplace is a unique feature in this 5-BR/4-bath home with an abundance of glass and separate living spaces. Additional space over 2-car garage. (Photo representative) \$989,000



1 Frog Lane, Woodstock: Brand-new home with a master suite, family room with gas fireplace, laundry room, study/office & heated 2-car garage. Cherry kitchen cabinets, granite bathroom vanities & large deck. 20 minutes to Sunday River. 3-4 BRs & 3+ baths. \$299,000



159 Ski View Drive, Newry: The convenience of condo living with the prestigious location of Powder Ridge. This spacious townhome offers a wonderful layout, spectacular views and attractive furnishings. This is a turn-key vacation home just minutes from South Ridge. \$265,000



16 Locke View Dr, Will View, Bethel: 3BR, 2-bath log-sided chalet. 5 minutes to these lodges at Sunday River. Open living area with hardwood floors & gas fireplace. Beautiful kitchen with center island, stainless steel appliances & granite countertops. Finished daylight basement with family room. \$279,000



70 Deer View Lane, Bethel: This 4-BR/2.5-bath home in Birchwoods subdivision was custom built in 2006. Open floor plan with a great room and a living room with wood-burning fireplace. 1st floor master suite, 2nd floor has a master bedroom plus 2 BRs & bonus room. \$369,000



1404 Intervale Rd, Bethel: 4-BR gambrel on 2.7-acre lot with stone walls, perennials, trees & views. First floor has BR, eat-in kitchen & open living area. Living room has woodstove with brick hearth and sliders to deck. 2nd floor has 3 BRs & bath including master w/ private deck. 2-car garage. \$169,000

Land

Sunset Hill, Bethel: 13-acre parcel within walking distance of Bethel Village. Spectacular setting overlooking the Androscoggin river & the mountains. Easy access with multiple options in an upscale neighborhood. \$199,000

Lot 19, Red House Farm Village: Only 1 mile from South Ridge Lodge and within walking distance to the free Mountain Explorer shuttle stop. The lot has views of Sunday River and is the only one available within this development. \$69,900

Otter Brook, East Bethel Rd, Bethel: Nice level building lots with beautiful meadow and mountain views. Located on a town-maintained, paved road. Soil tested and surveyed. 4 lots range in size from 1.8 acres to 2.48 acres for \$29,000 - \$49,000.

Mahoosuc Glen, Lot 10: Panoramic views of hole 18, Mahoosuc Range, and the ski slopes. Gradually sloping home site provides design flexibility. \$175,000

65 Pinnacle Drive: Enjoy spectacular 180-degree panoramic views from this beautiful 5-acre lot in The Peaks development, situated in a cul-de-sac. \$160,000

Recently Sold Properties

- Homes in Bethel, Newry and Gilead
- Land at The Peaks and Peaks Village
- Hotel quartershares
- Condos at Brookside, Cascades and Fall Line
- Two condos at Sunrise
- Two Locke Mountain townhomes



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River Valley Acres
\$359,900



Taylor Woods
\$315,000



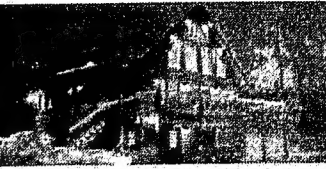
Minutes To Skiing!
\$149,750



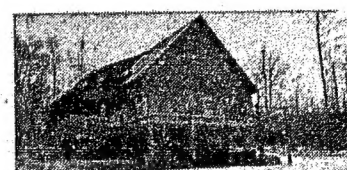
Bear River Waterfront
\$350,000



Swan Hill ~ Nice Views!
\$239,500



Timber Creek ~ Chalet
\$334,500



Monkey Brook Road
\$429,900



South Pond Shores
\$349,900



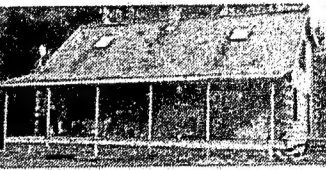
Hutchinson Pond
\$475,000



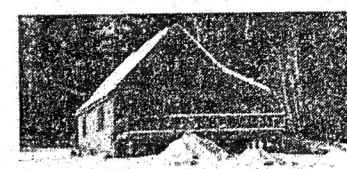
Moose Lane Chalets
\$209,500+



Viking Village Retreat
\$629,000



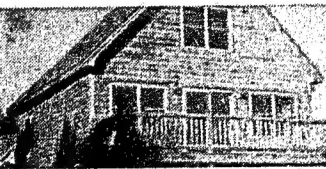
Greenwood ~ Log Home
\$199,000



Walk to Bethel Village
\$259,900



Bethel Area Cabin
\$214,900



Log Sided Chalets
\$172,500+

Subdivisions

ENGLISH WOODS - BETHEL \$35,000+	TIMBER CREEK - BETHEL \$47,500+	POWDER RIDGE - NEWRY \$65,000+
ELLINGWOOD MTN, NORTH ROAD - BETHEL \$60,000+	HAPGOOD HOMESTEAD - BETHEL \$45,000	MAHOOSUC GLEN - SUNDAY RIVER GOLF \$165,000+
TAYLOR WOODS - BETHEL \$70,000	WHEELER'S ACRES - BETHEL \$64,500+	THE PEAKS ATOP MT. WILL - NEWRY \$170,000+
RIVER GLEN, INTERVALE ROAD - BETHEL \$29,900+	BIRCH WOODS - BETHEL \$69,900+	GREAT BROOK PRESERVE LOTS - NEWRY \$59,900+
MOUNTAIN VALLEY - BETHEL \$65,000	QUEEN'S LANDING - MASON TOWNSHIP \$35,000	HARBOR HILL - WOODSTOCK \$28,000+

Condominiums

GERHARD GREEN TOWNHOUSE 3 bed/2 bath, Near Country Club, In the village. \$445,000	EDEN RIDGE 6C 2bed/2 bath, fireplace, walk to town, furnished upgrades..... \$134,900
POWDER RIDGE TOWNHOUSE #33 3 bed/2 bath, 1st-level, furnished..... \$249,000	SUNRISE 151A 1bed/1bath, slope-side, furnished..... \$129,900
RIVERBEND 2bed/2bath, post & beam, skylights, sleeps 9, furnished..... \$169,000	BROOKSIDE 11 3302 1bed/1bath, great views sleeps 6, slope-side..... \$128,900
EDEN RIDGE 4C 2bed/2 bath, fireplace, walk to town, nice views open fir plan..... \$159,000	FALL LINE 2 UNITS AVAILABLE 1bed/1bath, pool, slope-side..... \$128,500+
RIVERBEND 2bed/2bath, post & beam, furnished, shuttle service, near town..... \$158,000	LAKE CHRISTOPHER CONDO waterfront, furnished, minutes to town..... \$128,000
EDEN RIDGE 5A 2bed/2 bath, fireplace, walk to town, Jacuzzi/sauna, and unit..... \$150,000	CASCADES A3 1bed/1bath, furnished, slope-side, common area, pool, hot tub..... \$119,900
MT ABRAM A28 2bed/2bath, fireplace, walk to town, woodstove, porch..... \$149,000	CHAMBERLAIN B10 2bed/1bath, end unit, fireplace, furnished..... \$115,000
MT ABRAM A28 2bed/2 bath, fireplace, walk to town, laundry, garage..... \$145,000	CHAMBERLAIN B14 2bed/1bath, fireplace, furnished..... \$109,000

To view all of our listings please stop by our office at 16 Parkway in Bethel or visit our us at mahoosucrealty.com

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OPEN HOUSE EVENTS

Monday, Feb. 21 • 3-5 pm



Riverbend Unit #43
50 Cherry Lane
Magnificent timber frame Two miles from Sunday River Ski Resort. Abuts the Sunday River. Great swimming, walk to Brew Pub, on the Mountain Explorer bus line. GREAT VALUE, \$150,000



Buy & Build Your Dream Home Today
Merrill Hill Estates offers homesites and a pristine mountain lifestyle in the heart of Sunday River. Spectacular views, 21+/- wildlife, easy access to trails and skiing.
www.merrillhill.com

Tuesday, Feb. 22 • 3-5 pm



Barker Brook Townhouses
5 Pine Terrace #12
Newry
New Price \$190,000. Nestled in the woods, this quiet townhouse community offers great proximity to Sunday River Ski Resort. A full bed garage, bright & open w/ vaulted ceilings, mudroom for gear. Updated kitchen.

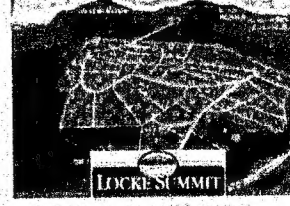


28 Riverwood Drive
Great floorplan, full kitchen, tiled hot tub, own oversized back porch, stone fireplace, a bright & sunny loft with built-in radiators. Pretty and full of character. Quiet retreat, access to the dedicated access to the River! \$199,000

Snowshoe Tour



Douglas Road
45 acres! It has the "famous view" Minutes from Sunday River Ski Resort. Directions: Sunday River Road to Powder Ridge. Sign on lot. Stop by Dream Realty.



Lots 3 & 25 Pending New Year Special Offer!!
Lot 2 - 3 Acres \$49K!
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Obituaries

DWIGHT ORDWAY LORD

Dwight Ordway Lord, age 66, died Jan. 21, 2011 in Hopkins, Minn.

Dwight was born in Rumford, Maine and grew up in Bethel. He was the son of Lawrence Albra Lord and Doris Ordway Lord.

Dwight graduated from Gould Academy (1962) and attended Northeastern and George Mason Universities. He played trumpet and attended Maine Music Camp where he first met his wife, as well as playing TAPS for Memorial services.

He played with his brother at the Sacramento Jazz Festival as a guest of Rosie O'Grady's Goodtime Jazz Band (1994). He served in the US Army in Germany. He re-

tired in 2009 after a career in the Security Industry.

He enjoyed photography, woodcarving and model railroads.

He is survived and missed by his wife, Gretchen Lord, Hopkins, Minn.; daughter Alison (Andrew) Leonardi and granddaughter Charlotte, Atlanta, Ga.; Alison's mother, Susan Lord Williams; sister, Janice Mott, Cary, N.C.; sister-in-law, Jenny Lord, Puyallup, Wash.; brother-in-law, Peter Overbaugh, Littleton, N.H.; and numerous nieces and nephews. He was predeceased by his parents; brother, Donald Lord (2009); brother-in-law, Donald Mott (2009); and father-in-law, John Overbaugh (2011).

Burial with be in Maine in the Spring. Memorials preferred.

Births

Krista Buck, Woodstock, is pleased to announce the birth of her daughter, Emma Jane Buck, born on Jan. 20, 2011 at Stephens Memorial Hospital, Norway, weighing 6 pounds, 3 ounces.

Maternal grandparents are Deborah McKenna of Sumner and Larry Buck of Rumford.

Lindsay MacMillan and Jeff Hershberger of Greenwood are parents of a son, Duncan MacMillan Hershberger, born Jan. 26, 2011.

Grandparents are Ralph Hershberger and Janice Nicol of Tucson, Ariz., and John MacMillan of Hudson, Ohio, and Betty MacMillan of Northfield Center, Ohio.

Kayce Gilbert and Christopher Beaulieu of Bethel are pleased to announce the arrival of a baby boy, Brennan Riley Beaulieu, born on Feb. 2, 2011, at 9:57 a.m. at Stephens Memorial Hospital, weighing 7 pounds.

Maternal grandparent is Randy Gilbert, and the late Mindy Gilbert, of Bethel.

Paternal grandparent is Roland Beaulieu of Errol, N.H. Brennan joins a sister, Jady, 8.

Well-woman exams at BAHC

An annual well-woman exam is an important part of living a healthy lifestyle, one that could also save your life. Before the introduction of the Pap test, cervical cancer was the number one cancer killer amongst women.

Regular checkups have reduced the mortality rate due to cervical cancer by more than 90 percent.

Breast cancer is the most deadly non-skin cancer in women, but regular breast exams have also made it much more manageable.

With the adoption of female-oriented exams and techniques, health care providers can approach women's health with a pro-active stance.

Over the past year, Bethel Family Health Center has increased its capacity to offer well-woman exams thanks to physician assistant Merry Moses, who marks her one-year anniversary at the health center this month. After completing her education at Yale University in Connecticut, Moses packed up and moved north to begin her career in rural health. She says she took a liking to the area right away, and especially enjoys playing an integral part in the lives of her new neighbors.

"My first year at Bethel has been a huge success," she says. "Meeting everyone and getting to know people in the community has been great. I am learning so much and growing as a PA everyday. It is an honor to be able to contribute to the overall health of the women, men and children of our community."

Well-woman exams are complete physicals which include education on contraception, diet and exercise; breast exams and Pap tests; a medical history and medication review if necessary; a vitals check; basic heart, lungs and abdomen check; and annual blood work.

The health center is equipped with a laboratory and on-site x-ray services.

"Regular visits with our providers can help women live worry-free," says Moses.

Moses' scope of practice is not limited to women. She is currently accepting new patients of all ages, both male and female.

I am here for whatever type of help our patients need," she says. "I enjoy having a taste of everything and getting to see different people of all ages. I look forward to seeing my young patients grow and helping out area families in their times of need."

Moses works with two physicians, Richard DeCarolis, DO and Kevin Finley, DO as well as physician assistant Jan Whitworth, PA who provide medical care to almost 4,000 residents and travelers each year from Andover, Bethel, Gilead, Greenwood, Hanover, Newry, Upton, and Woodstock, as well as the surrounding towns and other states.

Bethel Family Health Center is a practice of HealthReach Community Health Centers, a system of eleven federally qualified health centers in central and western Maine. Dedicated providers deliver high-quality health care to citizens in over 80 rural communities.

To ensure access for everyone, HealthReach accepts major insurances and Medicare and Medicaid, offers an Affordable Care Program based on family size and income to uninsured and underinsured residents, and assists patients in enrolling in programs that help pay for health care and medications.

A private, nonprofit organization celebrating a 35-year history, HealthReach is funded by patient fees, grants and individual donations.

Weddings



Mr. & Mrs. Michael Swan

Danielle Marie Tirabassi and Michael James Swan were united in marriage on Aug. 21, 2010 at the Bethel Inn and Country Club in Bethel. Officiate Elinor Andrews performed the beautiful outdoor wedding ceremony held on the greens at the Bethel Inn.

Mrs. Swan is the daughter of Gary and Colleen Tirabassi, Sr. of Falmouth. Mr. Swan is the son of James and Marilyn Swan of Bethel.

The bride wore an elegant white Casablanca wedding gown, with a sweetheart neckline, a flowing train covered with delicate lace and pearl beading throughout; a very special intricate lace veil borrowed from her mother completed the gown. She carried a circular bouquet of white Calla lilies and Stephanotis with pearl centers.

Bridget Casalle served as the maid of honor. Bridesmaids were Hillary Berry, Jody Gleason, Sarah Swan, Allison Tirabassi, Samantha Tirabassi and Toni Tirabassi.

Wade Osgood performed the duties of best man. Ushers were Kevin Bean, Tony Conroy, Gavin Palmer, Bion Swan and Gary Tirabassi, Jr.

The wedding reception followed on the grounds of the Bethel Inn, beginning with an outdoor cocktail reception where the guests listened to the live music ending with a lovely meal in the Inn's dining room. The guests enjoyed delicious and beautiful wedding cake, traditional Maine whoopee pies, and a tradition of Italian cookies.

The couple traveled to the coast of Maine, ending in beautiful, momentous Bar Harbor for their honeymoon. They returned to Pensacola, Fla., where they currently reside.

The bride is a graduate of the University of Southern Maine in 2007, and is currently spending time organizing official Navy functions for naval officers, and U.S. Navy officials.

The bridegroom is a graduate of the University of Southern Maine in 2007, and a graduate of the U.S. Navy Officer Candidate School (OCS) in Newport, R.I. Michael is currently commissioned at the airfield in Whitingfield, Fla., where he continues flight training as an ENS in the U.S. Navy's aviation program.

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11th ANNUAL
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SPAGHETTI & OYSTER STEW
DINNER
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ADULTS \$7.00 KIDS UNDER 12 FREE

FEBRUARY 19th, 2011

AT THE BEAR RIVER GRANGE HALL

The Bethel Citizen

For complete local news coverage

Mindful Education at *The Eddy*... a home school away from home

A new, private middle school (grades 5-8) is coming to Newry in the fall of 2011. Come to the Open House March 8, 2011 from 7:00-9:00pm at the Newry Grange Hall to learn more.

Deb Webster

Administrator and Lead Teacher
B.S. MIT; M. Ed. Lesley College; Maine certified K-8 teacher
9+ years public and private classroom experience
11 years home school experience

Dear Cody,

We thought of you today,
But that is nothing new.
We thought of
you yesterday
And will tomorrow too.

We think of you in silence
And make no
outward show.
For what it meant
to lose you
Only those who
love you know.

Remembering you is easy,
We do it everyday.
It's the heartache
of losing you
That will never go away.

Love,
Mom, Kaylee,
Brandon

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"Culture"
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Bethel, Maine
04217

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75

Happy
Birthday

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Tax Preparation

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Answers

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